



# J.M. DeBord | Mastering Dream Interpretation with Dreams 1-2-3 System



TO LISTEN LIVE GO TO  
INCEPTIONRADIONETWORK.COM

**HEIDI HOLLY**  
**THE OUTLANDER**



**FRIDAY** 9PM EASTERN  
6PM PACIFIC



Listen on

[inceptionradionetwork.com](http://inceptionradionetwork.com)

1  
00:00:03,649 --> 00:00:01,550  
you guys you're listening to me Heidi

2  
00:00:06,349 --> 00:00:03,659  
Hollis the Outlanders welcome to this

3  
00:00:08,299 --> 00:00:06,359  
show everybody why do I feel like I've

4  
00:00:10,009 --> 00:00:08,309  
been gone for a long time I haven't

5  
00:00:12,770 --> 00:00:10,019  
though I've been here I really have I

6  
00:00:15,890 --> 00:00:12,780  
had some technical issues for those of

7  
00:00:18,439 --> 00:00:15,900  
you excuse me who are looking for UFO

8  
00:00:20,420 --> 00:00:18,449  
headline news what they do daily had

9  
00:00:22,670 --> 00:00:20,430  
some serious technical issues so my

10  
00:00:26,210 --> 00:00:22,680  
apologies for not having to show up this

11  
00:00:27,950 --> 00:00:26,220  
past week pretty much but for this show

12  
00:00:29,240 --> 00:00:27,960  
I have to tell you what this show is

13  
00:00:31,820 --> 00:00:29,250

about this show is about bringing

14

00:00:33,500 --> 00:00:31,830

outlandish and interesting topics to the

15

00:00:35,870 --> 00:00:33,510

forefront from aliens Angels ghosts

16

00:00:38,840 --> 00:00:35,880

demons holy encounters channel people to

17

00:00:40,700 --> 00:00:38,850

Bigfoot to the outlandish I always say

18

00:00:42,410 --> 00:00:40,710

if it's weird we're here and now you are

19

00:00:43,850 --> 00:00:42,420

too so you're just so strange as me and

20

00:00:46,639 --> 00:00:43,860

it's okay right

21

00:00:49,100 --> 00:00:46,649

I think it's okay if you do not know who

22

00:00:51,709 --> 00:00:49,110

I am when it comes to the outlandish

23

00:00:53,990 --> 00:00:51,719

from visions of Jesus to naming the

24

00:00:55,970 --> 00:00:54,000

shadow people whatever it is personally

25

00:00:58,430 --> 00:00:55,980

I'm someone who has been there seen that

26

00:01:01,430 --> 00:00:58,440

experienced it freaked out found some

27

00:01:02,840 --> 00:01:01,440

answers wrote about it got over it and

28

00:01:04,460 --> 00:01:02,850

now I'm hoping to help others do the

29

00:01:07,670 --> 00:01:04,470

same darn thing and understand this

30

00:01:10,219 --> 00:01:07,680

kooky crazy freaky world of ours if you

31

00:01:13,280 --> 00:01:10,229

dare I welcome you to visit my main

32

00:01:15,590 --> 00:01:13,290

website which is Heidi Hollis calm

33

00:01:19,789 --> 00:01:15,600

you'll find things there that'll just

34

00:01:22,010 --> 00:01:19,799

blow your mind I think I think so

35

00:01:24,170 --> 00:01:22,020

um and I also wouldn't expel you guys

36

00:01:27,830 --> 00:01:24,180

there are so many cool ways that you can

37

00:01:30,140 --> 00:01:27,840

listen to this show number one inception

38

00:01:32,149 --> 00:01:30,150

radio network app I are an app mostly

39

00:01:33,710 --> 00:01:32,159

guys listen to us through that which I

40

00:01:36,649 --> 00:01:33,720

find really cool because you can listen

41

00:01:38,179 --> 00:01:36,659

to us at any point any time whatever it

42

00:01:40,760 --> 00:01:38,189

is and I get these emails from people

43

00:01:42,469 --> 00:01:40,770

saying I listen to you when I wake up in

44

00:01:45,230 --> 00:01:42,479

the morning and I go to bed and like oh

45

00:01:48,830 --> 00:01:45,240

okay so we're having a thing I didn't

46

00:01:50,780 --> 00:01:48,840

know about it's okay and also you can

47

00:01:55,010 --> 00:01:50,790

listen to this program by just dialing a

48

00:01:58,429 --> 00:01:55,020

number seven one two seven seven zero 88

49

00:02:01,160 --> 00:01:58,439

88 and I also welcome you guys to call

50

00:02:04,819 --> 00:02:01,170

in to this show one eight eight eight

51  
00:02:07,010 --> 00:02:04,829  
nine one nine 23 55 or go on Skype look

52  
00:02:09,830 --> 00:02:07,020  
for inception Radio Network and sent a

53  
00:02:11,930 --> 00:02:09,840  
message and MJ is producing tonight he

54  
00:02:13,339 --> 00:02:11,940  
loves when you do that he just loves to

55  
00:02:17,179 --> 00:02:13,349  
go crazy a multitask

56  
00:02:19,339 --> 00:02:17,189  
cuz men are so good at doing that right

57  
00:02:24,410 --> 00:02:19,349  
he's still shaking his head now I'm sure

58  
00:02:27,050 --> 00:02:24,420  
I don't see him but I know most of you

59  
00:02:29,000 --> 00:02:27,060  
guys listen to this show after the live

60  
00:02:31,429 --> 00:02:29,010  
broadcast so I don't get a ton of calls

61  
00:02:34,220 --> 00:02:31,439  
but we can change that if you wanted

62  
00:02:36,619 --> 00:02:34,230  
just like time it when I'm here yeah

63  
00:02:39,649 --> 00:02:36,629

what am i doing this show I do it every

64

00:02:41,479 --> 00:02:39,659

Friday a p.m. central 9 p.m. Eastern so

65

00:02:45,289 --> 00:02:41,489

yeah you can lose a Timmy alive and

66

00:02:48,440 --> 00:02:45,299

Colin alive but it's ok ok and I am in

67

00:02:51,110 --> 00:02:48,450

the chat room which is in n chat calm

68

00:02:53,270 --> 00:02:51,120

and if you go there and you want to ask

69

00:02:55,729 --> 00:02:53,280

me some questions it's best to put it in

70

00:02:58,520 --> 00:02:55,739

all caps so I can spot it so I can

71

00:03:00,319 --> 00:02:58,530

totally double time and listen to the

72

00:03:01,640 --> 00:03:00,329

show and read your questions and

73

00:03:04,819 --> 00:03:01,650

comments and all that good stuff and

74

00:03:07,759 --> 00:03:04,829

yeah get some so you guys were in for a

75

00:03:10,280 --> 00:03:07,769

really really fun treat tonight because

76

00:03:13,399 --> 00:03:10,290

I don't think I've covered this topic on

77

00:03:14,569 --> 00:03:13,409

this show before nope I don't know I

78

00:03:18,349 --> 00:03:14,579

don't know I have a short term memory

79

00:03:21,379 --> 00:03:18,359

issue I don't know long term to listen

80

00:03:24,259 --> 00:03:21,389

to this show for years now I am going to

81

00:03:26,539 --> 00:03:24,269

forego the outlandish corner which I

82

00:03:27,920 --> 00:03:26,549

have been doing and dedicating solid

83

00:03:29,659 --> 00:03:27,930

shows instead to that lose the

84

00:03:32,629 --> 00:03:29,669

outlandish corner that's where I answer

85

00:03:34,729 --> 00:03:32,639

all your questions and comments and

86

00:03:36,499 --> 00:03:34,739

anything that you experience out of the

87

00:03:38,839 --> 00:03:36,509

ordinary and I welcome you to write me

88

00:03:40,550 --> 00:03:38,849

as long of an email as you want and we

89

00:03:42,050 --> 00:03:40,560

tend to get to those emails and people

90

00:03:43,490 --> 00:03:42,060

really tick when they're big ones big

91

00:03:45,589 --> 00:03:43,500

juicy ones that really tell us about

92

00:03:47,990 --> 00:03:45,599

what's going on in your life and I cover

93

00:03:49,610 --> 00:03:48,000

everything lake lobsters to channel

94

00:03:51,439 --> 00:03:49,620

people but I tend to get mostly shadow

95

00:03:53,270 --> 00:03:51,449

people in hand and stuff which is okay

96

00:03:55,699 --> 00:03:53,280

but if you want to write about Jesus

97

00:03:57,559 --> 00:03:55,709

encounters aliens I'm all here I've

98

00:04:01,249 --> 00:03:57,569

written books on all that stuff too so

99

00:04:04,420 --> 00:04:01,259

it's all good so yes write me at dusk

100

00:04:08,149 --> 00:04:04,430

Outlander at gmail.com that's das

101

00:04:10,699 --> 00:04:08,159

Outlander at gmail.com now to skip

102

00:04:13,069 --> 00:04:10,709

forward over that outlandish corner and

103

00:04:14,979 --> 00:04:13,079

get on over to my fantastic guest this

104

00:04:18,289 --> 00:04:14,989

evening you guys are being blown away

105

00:04:19,699 --> 00:04:18,299

JME Debord he's the creator of the quote

106

00:04:21,740 --> 00:04:19,709

anyone can do it

107

00:04:24,550 --> 00:04:21,750

dreams one two three dream

108

00:04:26,810 --> 00:04:24,560

interpretation system which demystifies

109

00:04:29,270 --> 00:04:26,820

dream interpretation

110

00:04:31,460 --> 00:04:29,280

easy to understand he's the author of

111

00:04:33,770 --> 00:04:31,470

two books about working with dreams to

112

00:04:36,020 --> 00:04:33,780

understand their messages and apply them

113

00:04:38,300 --> 00:04:36,030

to your life his teachings have reached

114

00:04:40,490 --> 00:04:38,310

millions of people worldwide through

115

00:04:43,520 --> 00:04:40,500

books media appearances public speaking

116

00:04:44,420 --> 00:04:43,530

and as online presence especially at red

117

00:04:47,420 --> 00:04:44,430

ow

118

00:04:50,540 --> 00:04:47,430

the reddit.com dream expert he's a

119

00:04:52,280 --> 00:04:50,550

frequent guest on tons of shows so

120

00:05:01,820 --> 00:04:52,290

everybody I want to give a round of

121

00:05:03,620 --> 00:05:01,830

applause to Jay and the board Thank You

122

00:05:04,640 --> 00:05:03,630

Heidi what a great introduction I'm glad

123

00:05:09,320 --> 00:05:04,650

to be here I'm doing great

124

00:05:11,390 --> 00:05:09,330

thank you I don't really cover that much

125

00:05:14,120 --> 00:05:11,400

but you know dreams seem to seep into a

126

00:05:16,250 --> 00:05:14,130

lot of the paranormal world so I think

127

00:05:17,870 --> 00:05:16,260

we touched on the topic every once in a

128

00:05:21,170 --> 00:05:17,880

while but it's not like we just get all

129

00:05:22,460 --> 00:05:21,180

cozy into it but you know what our

130

00:05:24,140 --> 00:05:22,470

dreams I guess we'll start from the

131

00:05:26,600 --> 00:05:24,150

beginning what what are these things

132

00:05:29,360 --> 00:05:26,610

that we all seem to experience what most

133

00:05:31,340 --> 00:05:29,370

of us you know the the answer really

134

00:05:33,200 --> 00:05:31,350

depends on who you ask if you go to a

135

00:05:35,180 --> 00:05:33,210

neuroscientist they'll tell you that it

136

00:05:37,220 --> 00:05:35,190

is your brain processing memories when

137

00:05:39,710 --> 00:05:37,230

your senses are shut down

138

00:05:42,230 --> 00:05:39,720

you will also from science and medicine

139

00:05:46,910 --> 00:05:42,240

you'll get answers such as that dreams

140

00:05:49,370 --> 00:05:46,920

are a way for you to take in information

141

00:05:51,350 --> 00:05:49,380

to process it whatever you've learned or

142

00:05:54,980 --> 00:05:51,360

experience during the day but it's some

143

00:05:56,630 --> 00:05:54,990

of its going to be assimilated into you

144

00:05:59,690 --> 00:05:56,640

it becomes part of the structure of who

145

00:06:01,250 --> 00:05:59,700

you are mentally emotionally and then

146

00:06:03,440 --> 00:06:01,260

there's some of it that they say is

147

00:06:05,120 --> 00:06:03,450

discarded and we can look at brain scans

148

00:06:07,610 --> 00:06:05,130

and we can see that there's this amazing

149

00:06:09,770 --> 00:06:07,620

process that goes on as you were

150

00:06:11,570 --> 00:06:09,780

dreaming in REM stage your brain lights

151  
00:06:13,640 --> 00:06:11,580  
up the same as when you were awake in

152  
00:06:15,320 --> 00:06:13,650  
your concentrate something the only

153  
00:06:17,180 --> 00:06:15,330  
difference is is that your rational mind

154  
00:06:17,720 --> 00:06:17,190  
is not coming along with you for the

155  
00:06:20,540 --> 00:06:17,730  
ride

156  
00:06:22,550 --> 00:06:20,550  
now you can go to another if you want to

157  
00:06:25,100 --> 00:06:22,560  
talk to psychiatrists and counselors

158  
00:06:27,290 --> 00:06:25,110  
about dreams they'll say that this is

159  
00:06:29,060 --> 00:06:27,300  
something from a deeper part of you that

160  
00:06:31,580 --> 00:06:29,070  
is helping you to navigate and learn

161  
00:06:34,010 --> 00:06:31,590  
from your life that there is a deeper

162  
00:06:36,680 --> 00:06:34,020  
self to you and that it expresses itself

163  
00:06:39,080 --> 00:06:36,690

through your dreams that it talks to you

164

00:06:40,640 --> 00:06:39,090

in your dreams now we can also go

165

00:06:42,770 --> 00:06:40,650

further I have experience

166

00:06:47,090 --> 00:06:42,780

dreams that are appear to go even deeper

167

00:06:50,090 --> 00:06:47,100

than memory processing or emotional

168

00:06:51,620 --> 00:06:50,100

processing or even the sort of life and

169

00:06:54,710 --> 00:06:51,630

finding meaning in it and stuff where

170

00:06:57,080 --> 00:06:54,720

these dreams are connecting you in with

171

00:06:58,779 --> 00:06:57,090

some kind of collective whole that there

172

00:07:01,490 --> 00:06:58,789

is this mind-to-mind communication

173

00:07:04,100 --> 00:07:01,500

that's going on in fact in some cultures

174

00:07:08,120 --> 00:07:04,110

they believe that the dream world is

175

00:07:10,219 --> 00:07:08,130

another world where we go to while we

176  
00:07:12,880 --> 00:07:10,229  
are asleep and that we have these group

177  
00:07:16,390 --> 00:07:12,890  
experiences we go there naked apparently

178  
00:07:18,980 --> 00:07:16,400  
[Laughter]

179  
00:07:21,290 --> 00:07:18,990  
we're streaking across the universe

180  
00:07:23,600 --> 00:07:21,300  
butt-naked that's right in a way you

181  
00:07:25,279 --> 00:07:23,610  
know that that analogy works on another

182  
00:07:28,430 --> 00:07:25,289  
level because what you bring with you is

183  
00:07:30,920 --> 00:07:28,440  
your dream ego which is stripped of its

184  
00:07:33,920 --> 00:07:30,930  
rational mind and it is allowed to react

185  
00:07:37,339 --> 00:07:33,930  
more from your truest inner self it is

186  
00:07:40,460 --> 00:07:37,349  
reacting from the gut so you could you

187  
00:07:42,320 --> 00:07:40,470  
could view some dreams at least as this

188  
00:07:44,570 --> 00:07:42,330

participation and in some kind of a

189

00:07:47,089 --> 00:07:44,580

group mine into that there there could

190

00:07:49,159 --> 00:07:47,099

be in fact another place where we go

191

00:07:51,170 --> 00:07:49,169

when we dream that it's not just a

192

00:07:53,480 --> 00:07:51,180

product of the mind it's not just a

193

00:07:56,210 --> 00:07:53,490

product of the imagination it's not just

194

00:07:58,580 --> 00:07:56,220

the brain firing through memories or

195

00:08:00,649 --> 00:07:58,590

emotions being processed but there with

196

00:08:03,080 --> 00:08:00,659

at least in what I believe is is that in

197

00:08:05,600 --> 00:08:03,090

some dreams that you really are visiting

198

00:08:08,540 --> 00:08:05,610

some kind of deeper level what it is I'm

199

00:08:09,409 --> 00:08:08,550

open for suggestions you know is it

200

00:08:11,270 --> 00:08:09,419

another dimension

201  
00:08:13,550 --> 00:08:11,280  
is it a place deep within the mind I

202  
00:08:16,969 --> 00:08:13,560  
don't know well my brain would have put

203  
00:08:26,899 --> 00:08:16,979  
on some pants and a shirt before I got

204  
00:08:29,000 --> 00:08:26,909  
up like you're just having a day and

205  
00:08:33,699 --> 00:08:29,010  
enjoying life and then you realize a

206  
00:08:37,010 --> 00:08:33,709  
nice shirt no underwear no pants nothing

207  
00:08:39,500 --> 00:08:37,020  
you know or no shoes no socks I've done

208  
00:08:41,360 --> 00:08:39,510  
that one there there could be symbolic

209  
00:08:43,070 --> 00:08:41,370  
meaning to it think of putting on your

210  
00:08:45,199 --> 00:08:43,080  
shoes before you leave the house as

211  
00:08:46,670 --> 00:08:45,209  
getting ready to do something and if you

212  
00:08:48,170 --> 00:08:46,680  
think of leaving the house it's like

213  
00:08:49,970 --> 00:08:48,180

going forward with something in your

214

00:08:51,510 --> 00:08:49,980

life then putting on your shoes means

215

00:08:53,820 --> 00:08:51,520

that you're prepared

216

00:08:56,460 --> 00:08:53,830

that being naked could symbolize that

217

00:08:58,140 --> 00:08:56,470

you feel like you are exposed in some

218

00:09:00,240 --> 00:08:58,150

kind of way whether it's exposed

219

00:09:04,050 --> 00:09:00,250

personally the inner you is showing to

220

00:09:06,930 --> 00:09:04,060

the outer world or exposed as in the

221

00:09:08,910 --> 00:09:06,940

idea of exposed to risk so it really

222

00:09:10,860 --> 00:09:08,920

depends on you know you can pull these

223

00:09:12,780 --> 00:09:10,870

things out of a dream dictionary and you

224

00:09:14,250 --> 00:09:12,790

can get these sort of potshot ideas at

225

00:09:16,890 --> 00:09:14,260

it but what you really have to do is

226

00:09:19,590 --> 00:09:16,900

look at the larger story and see how the

227

00:09:21,690 --> 00:09:19,600

details fit together nakedness can mean

228

00:09:23,520 --> 00:09:21,700

different things in dreams but the story

229

00:09:25,410 --> 00:09:23,530

itself and how that through story how

230

00:09:29,990 --> 00:09:25,420

the details of it fit together that's

231

00:09:33,090 --> 00:09:30,000

where you find the beaming you know I

232

00:09:34,200 --> 00:09:33,100

was oftentimes I mean I'm sure you've

233

00:09:36,660 --> 00:09:34,210

run across these people who are

234

00:09:39,780 --> 00:09:36,670

reluctant to even share that she had a

235

00:09:42,870 --> 00:09:39,790

weird dream because everybody's got an

236

00:09:45,450 --> 00:09:42,880

opinion oh well if you had a dream of

237

00:09:48,630 --> 00:09:45,460

then you had one sock on and one on your

238

00:09:51,690 --> 00:09:48,640

wrist that means this and I was honestly

239

00:09:54,060 --> 00:09:51,700

grew like you know to those weirdos

240

00:09:56,640 --> 00:09:54,070

about my weird dream because they are

241

00:09:59,370 --> 00:09:56,650

just slapping anything on it it's just I

242

00:10:02,400 --> 00:09:59,380

don't get that oh yeah in the

243

00:10:04,020 --> 00:10:02,410

introduction to my book I I say that

244

00:10:06,300 --> 00:10:04,030

part of the reason why I wrote it was

245

00:10:08,490 --> 00:10:06,310

because I needed to write an accessible

246

00:10:10,680 --> 00:10:08,500

book so I wrote a dream dictionary but I

247

00:10:13,710 --> 00:10:10,690

also needed to put some good information

248

00:10:16,950 --> 00:10:13,720

out there because I run across so much

249

00:10:19,080 --> 00:10:16,960

crap and sometimes people read this like

250

00:10:21,540 --> 00:10:19,090

one lady read off a Google that if she

251  
00:10:23,430 --> 00:10:21,550  
loses a tooth in a dream it means she's

252  
00:10:26,040 --> 00:10:23,440  
about to lose a loved one and I'm like

253  
00:10:28,110 --> 00:10:26,050  
and on there is an association between

254  
00:10:30,360 --> 00:10:28,120  
the losing teeth and other kind of loss

255  
00:10:33,240 --> 00:10:30,370  
but you really I've only run across one

256  
00:10:34,950 --> 00:10:33,250  
case out of many dreams featuring loss

257  
00:10:37,710 --> 00:10:34,960  
of teeth worth we were able to identify

258  
00:10:38,880 --> 00:10:37,720  
that as the root source of the dream and

259  
00:10:41,640 --> 00:10:38,890  
it was from a woman who'd had a

260  
00:10:43,800 --> 00:10:41,650  
miscarriage she lost a molar in the

261  
00:10:46,620 --> 00:10:43,810  
dream and the molar is deeply embedded

262  
00:10:48,120 --> 00:10:46,630  
in the mouth well if you lose a baby it

263  
00:10:51,120 --> 00:10:48,130

is something that's deeply embedded in

264

00:10:54,720 --> 00:10:51,130

your womb you know so there there are

265

00:10:56,550 --> 00:10:54,730

sometimes things that you people can put

266

00:10:58,340 --> 00:10:56,560

bout some really bad information but

267

00:11:00,690 --> 00:10:58,350

there's also a lot of fallacies and

268

00:11:02,940 --> 00:11:00,700

misunderstandings about dreams they're

269

00:11:04,160 --> 00:11:02,950

really not as hard to understand as they

270

00:11:06,769 --> 00:11:04,170

can seem and

271

00:11:09,079 --> 00:11:06,779

really are greatly beneficial for you

272

00:11:10,639 --> 00:11:09,089

there are many good reasons to pay

273

00:11:13,340 --> 00:11:10,649

attention to your dreams to put some

274

00:11:14,990 --> 00:11:13,350

effort into understanding them it's just

275

00:11:17,389 --> 00:11:15,000

you need to go to the right sources to

276

00:11:19,610 --> 00:11:17,399

find out the information that you need

277

00:11:21,590 --> 00:11:19,620

and that information is not readily

278

00:11:24,800 --> 00:11:21,600

available you can't just google it in

279

00:11:26,569 --> 00:11:24,810

most cases turn it well maybe that's

280

00:11:33,610 --> 00:11:26,579

that's what you need to create is a

281

00:11:38,569 --> 00:11:35,840

we're looking at we're looking at a

282

00:11:40,850 --> 00:11:38,579

machine learning and how to program a

283

00:11:43,490 --> 00:11:40,860

machine to be able to understand dream

284

00:11:45,949 --> 00:11:43,500

symbolism and how all dream imagery

285

00:11:49,569 --> 00:11:45,959

expresses the inner person to really

286

00:11:51,500 --> 00:11:49,579

teach a computer how to analyze the

287

00:11:53,030 --> 00:11:51,510

subconscious parts of the mind of a

288

00:11:54,710 --> 00:11:53,040

person but through the way that they

289

00:11:57,410 --> 00:11:54,720

express themselves in words as they

290

00:11:58,910 --> 00:11:57,420

describe their dream so it's it's a

291

00:12:00,470 --> 00:11:58,920

project that's on the back burner right

292

00:12:02,240 --> 00:12:00,480

now but I do have somebody who's

293

00:12:04,250 --> 00:12:02,250

interested in doing it with me so maybe

294

00:12:06,860 --> 00:12:04,260

one of these days you will be able to go

295

00:12:08,960 --> 00:12:06,870

to like Google dream type in the content

296

00:12:11,410 --> 00:12:08,970

of your dream have it ask you a few

297

00:12:13,699 --> 00:12:11,420

questions to clarify and then give you a

298

00:12:16,189 --> 00:12:13,709

reasonably good interpretation of your

299

00:12:18,530 --> 00:12:16,199

dream unless they could put a big dose

300

00:12:24,610 --> 00:12:18,540

of my personal gut in the midst of it I

301

00:12:27,380 --> 00:12:24,620

don't know if I trust it you know I

302

00:12:30,470 --> 00:12:27,390

don't know it's just like you said it

303

00:12:32,870 --> 00:12:30,480

can be very subjective to how a person

304

00:12:35,900 --> 00:12:32,880

takes it in and filters it and how they

305

00:12:40,160 --> 00:12:35,910

feel during the dream and which way it's

306

00:12:42,079 --> 00:12:40,170

going it's that's hard all dream symbols

307

00:12:44,090 --> 00:12:42,089

are personal dream symbols we have some

308

00:12:46,610 --> 00:12:44,100

that are collective and that we in the

309

00:12:48,439 --> 00:12:46,620

sense that we understand common

310

00:12:50,569 --> 00:12:48,449

associations like if you have a dream

311

00:12:52,939 --> 00:12:50,579

about a dog well everyone knows there's

312

00:12:55,280 --> 00:12:52,949

an association between dogs and friends

313

00:12:57,139 --> 00:12:55,290

so I just saw a dream the other day

314

00:12:58,759 --> 00:12:57,149

where a guy was dreaming that there is

315

00:13:00,170 --> 00:12:58,769

this dog following him and he tells us

316

00:13:02,540 --> 00:13:00,180

to get away and the dog keeps following

317

00:13:04,490 --> 00:13:02,550

him so he pulls out a gun and shoots at

318

00:13:05,900 --> 00:13:04,500

the dog he sees the dog gets shot but it

319

00:13:07,610 --> 00:13:05,910

just keeps following him so then he

320

00:13:09,370 --> 00:13:07,620

pulls out like a shotgun the next thing

321

00:13:12,439 --> 00:13:09,380

he's going to a bazooka than a mistletoe

322

00:13:14,150 --> 00:13:12,449

yeah I get this okay so he comes to the

323

00:13:15,740 --> 00:13:14,160

forum and he thinks that there's

324

00:13:17,300 --> 00:13:15,750

something that might be wrong with him

325

00:13:19,730 --> 00:13:17,310

because of the dream and

326

00:13:22,280 --> 00:13:19,740

the common association between dogs and

327

00:13:23,780 --> 00:13:22,290

friends I said is there someone who's

328

00:13:25,129 --> 00:13:23,790

been kind of hanging on in your life

329

00:13:27,739 --> 00:13:25,139

that you've been trying to get rid of

330

00:13:30,350 --> 00:13:27,749

and it went ding for him because he knew

331

00:13:31,970 --> 00:13:30,360

right away that it was a person that he

332

00:13:33,530 --> 00:13:31,980

kept dropping stronger and stronger

333

00:13:35,239 --> 00:13:33,540

hints that he didn't want her hanging

334

00:13:36,889 --> 00:13:35,249

around with him acting like she's a

335

00:13:38,540 --> 00:13:36,899

friend and all this kind of stuff she

336

00:13:40,999 --> 00:13:38,550

was trying to be part of his circle and

337

00:13:42,769 --> 00:13:41,009

he didn't want her in the circle and he

338

00:13:44,569 --> 00:13:42,779

started off by trying to be kind of nice

339

00:13:46,429 --> 00:13:44,579

about it or whatever but then he got

340

00:13:48,379 --> 00:13:46,439

harsher and harsher and the stuff he was

341

00:13:51,710 --> 00:13:48,389

saying to her but she wasn't getting the

342

00:13:53,749 --> 00:13:51,720

message right here's another one for you

343

00:13:56,210 --> 00:13:53,759

you know I'm the I'm rattle at reddit

344

00:13:59,600 --> 00:13:56,220

reddit dreams and that's dreams

345

00:14:01,340 --> 00:13:59,610

reddit.com and re d di t by the way for

346

00:14:03,290 --> 00:14:01,350

those people who don't know about reddit

347

00:14:05,809 --> 00:14:03,300

and that universe that you can be part

348

00:14:07,939 --> 00:14:05,819

of dreams is the little area of it and

349

00:14:09,559 --> 00:14:07,949

we have over 40,000 subscribers so we're

350

00:14:10,249 --> 00:14:09,569

considered to be one of the larger sub

351

00:14:12,860 --> 00:14:10,259

we're nice

352

00:14:14,600 --> 00:14:12,870

it's the largest online open online

353

00:14:17,030 --> 00:14:14,610

community for dreams that I know of

354

00:14:18,650 --> 00:14:17,040

anywhere in the world but I decided I

355

00:14:20,749 --> 00:14:18,660

just had this the other day a guy said

356

00:14:23,360 --> 00:14:20,759

he dreamed that he was like starting to

357

00:14:26,030 --> 00:14:23,370

like you know date the superhot girl and

358

00:14:28,100 --> 00:14:26,040

then next thing he knows he's like with

359

00:14:30,949 --> 00:14:28,110

this girl who's maybe you know a step

360

00:14:33,439 --> 00:14:30,959

down and he's trying to explain to his

361

00:14:35,840 --> 00:14:33,449

family and friends why and he goes well

362

00:14:37,519 --> 00:14:35,850

I'm gay and he goes he comes to the

363

00:14:39,619 --> 00:14:37,529

forum and he goes why am I saying and

364

00:14:42,019 --> 00:14:39,629

he's like I'm not gay please don't go

365

00:14:44,059 --> 00:14:42,029

there I know I'm not gay and I said well

366

00:14:46,220 --> 00:14:44,069

could this be like a way for you in your

367

00:14:48,139 --> 00:14:46,230

own mind to explain why you don't get

368

00:14:49,999 --> 00:14:48,149

the girls that you want because there's

369

00:14:52,220 --> 00:14:50,009

a perception that gay men are not as

370

00:14:53,840 --> 00:14:52,230

macho that they're not the alpha males

371

00:14:55,999 --> 00:14:53,850

and that you think you need to be an

372

00:14:58,189 --> 00:14:56,009

alpha male to get the hot girl because

373

00:15:00,049 --> 00:14:58,199

he in the dream he transitions from one

374

00:15:02,360 --> 00:15:00,059

girl to another and one of them is like

375

00:15:05,600 --> 00:15:02,370

you know the most desirable and then the

376

00:15:08,240 --> 00:15:05,610

next one it's she's not that the next

377

00:15:09,769 --> 00:15:08,250

girl's not as hot and desirable so he's

378

00:15:12,049 --> 00:15:09,779

trying to explain to family and friends

379

00:15:14,329 --> 00:15:12,059

why he's with that girl and he says I'm

380

00:15:15,860 --> 00:15:14,339

gay but it's not because he's gay what

381

00:15:18,049 --> 00:15:15,870

he's doing is he's playing off of that

382

00:15:19,999 --> 00:15:18,059

perception I have run across this kind

383

00:15:21,679 --> 00:15:20,009

of thing many times where somebody will

384

00:15:23,689 --> 00:15:21,689

have a dream like that and they'll think

385

00:15:25,549 --> 00:15:23,699

they will understand the symbolism of it

386

00:15:28,369 --> 00:15:25,559

they won't understand that you

387

00:15:30,410 --> 00:15:28,379

subconsciously know what the dream means

388

00:15:30,950 --> 00:15:30,420

and you can look at your reactions in

389

00:15:33,140 --> 00:15:30,960

your state

390

00:15:35,210 --> 00:15:33,150

during the dream and then trace it to

391

00:15:36,860 --> 00:15:35,220

that subconscious knowledge he knows in

392

00:15:39,980 --> 00:15:36,870

the dream that he's trying to explain

393

00:15:42,470 --> 00:15:39,990

why he doesn't get the most desirable

394

00:15:47,360 --> 00:15:42,480

girls and it's because he's not an alpha

395

00:15:49,190 --> 00:15:47,370

male yeah there's there's so much to

396

00:15:52,250 --> 00:15:49,200

read into it you know I'll tell you a

397

00:15:53,390 --> 00:15:52,260

fear that I have about this like okay

398

00:15:55,940 --> 00:15:53,400

back in the day

399

00:15:58,730 --> 00:15:55,950

hold chapters in the Bible were written

400

00:16:00,860 --> 00:15:58,740

on dreams so called dreams because they

401  
00:16:04,760 --> 00:16:00,870  
got messages that we still believe all

402  
00:16:06,530 --> 00:16:04,770  
these many many many years later and and

403  
00:16:09,320 --> 00:16:06,540  
it's like I don't know we got ahead of

404  
00:16:11,060 --> 00:16:09,330  
ourselves and we are we saw we thought

405  
00:16:13,820 --> 00:16:11,070  
that we saw people that were smarter

406  
00:16:16,400 --> 00:16:13,830  
than the regular everyday Joe and it's

407  
00:16:18,500 --> 00:16:16,410  
like hey you're a scientist go out and

408  
00:16:19,460 --> 00:16:18,510  
explain the world to us and get back to

409  
00:16:23,540 --> 00:16:19,470  
us and that they did they started

410  
00:16:25,640 --> 00:16:23,550  
interpreting everything for us and we

411  
00:16:27,650 --> 00:16:25,650  
weren't looking ourselves and now we get

412  
00:16:29,270 --> 00:16:27,660  
people who say well you're not qualified

413  
00:16:31,850 --> 00:16:29,280

to look up at the sky and say that's a

414

00:16:33,740 --> 00:16:31,860

UFO how do you know I've had those

415

00:16:36,560 --> 00:16:33,750

debates with people who think they have

416

00:16:38,930 --> 00:16:36,570

all the answers and it's like no I'm

417

00:16:42,020 --> 00:16:38,940

qualified to know that is not typical

418

00:16:44,570 --> 00:16:42,030

that's a UFO but when it comes to dreams

419

00:16:46,400 --> 00:16:44,580

because they are so subjective it's like

420

00:16:48,680 --> 00:16:46,410

and there will be you know they're going

421

00:16:59,120 --> 00:16:48,690

to be the expert at the doorway your

422

00:17:00,860 --> 00:16:59,130

dream that comes you know insecure to be

423

00:17:02,080 --> 00:17:00,870

like I don't know what I just you know

424

00:17:04,790 --> 00:17:02,090

I'll just leave it alone

425

00:17:07,490 --> 00:17:04,800

you know like are we gonna have people

426

00:17:09,050 --> 00:17:07,500

that are just I don't know where they

427

00:17:11,300 --> 00:17:09,060

don't want to interpret for themselves

428

00:17:12,949 --> 00:17:11,310

that's what I worry about while they're

429

00:17:14,329 --> 00:17:12,959

giving away their own power because they

430

00:17:16,579 --> 00:17:14,339

are the best interpreters of their

431

00:17:19,400 --> 00:17:16,589

dreams you are the best interpreter of

432

00:17:21,740 --> 00:17:19,410

your dreams and you can have someone who

433

00:17:23,570 --> 00:17:21,750

can teach you things such as you know

434

00:17:26,000 --> 00:17:23,580

symbolism and dream interpretation

435

00:17:28,610 --> 00:17:26,010

techniques and you know I'm designing a

436

00:17:30,560 --> 00:17:28,620

course right now dream school net it's

437

00:17:32,270 --> 00:17:30,570

not quite ready yet but it's coming and

438

00:17:34,400 --> 00:17:32,280

I am designing a course where I'm going

439

00:17:36,770 --> 00:17:34,410

to teach people how to figure this stuff

440

00:17:38,390 --> 00:17:36,780

out for themselves it really does start

441

00:17:40,010 --> 00:17:38,400

with a knowledge of symbolism but there

442

00:17:42,410 --> 00:17:40,020

was something that the great dr. Carl

443

00:17:43,250 --> 00:17:42,420

Jung said about symbolism as he said if

444

00:17:45,860 --> 00:17:43,260

you want to interrupt

445

00:17:48,350 --> 00:17:45,870

dreams learn everything that you can

446

00:17:50,000 --> 00:17:48,360

about symbolism and then forget it all

447

00:17:52,400 --> 00:17:50,010

when you're interpreting a dream because

448

00:17:54,860 --> 00:17:52,410

you need to get into the dream as a sort

449

00:17:56,780 --> 00:17:54,870

of parable it is telling a story about

450

00:17:58,970 --> 00:17:56,790

you and your life the most deeply

451  
00:18:01,430 --> 00:17:58,980  
meaningful and engaging dreams that's

452  
00:18:03,410 --> 00:18:01,440  
not all dreams by the way and you'll be

453  
00:18:05,330 --> 00:18:03,420  
able to tell after a while very easily

454  
00:18:07,730 --> 00:18:05,340  
which dreams are the most meaningful

455  
00:18:10,220 --> 00:18:07,740  
because they're the most story like and

456  
00:18:11,840 --> 00:18:10,230  
they pull you in as a participant in the

457  
00:18:14,810 --> 00:18:11,850  
story and they affect you emotionally

458  
00:18:17,660 --> 00:18:14,820  
and mentally you respond strongly to

459  
00:18:19,880 --> 00:18:17,670  
these kinds of dreams so once you can

460  
00:18:21,410 --> 00:18:19,890  
understand that there's a there's the

461  
00:18:22,970 --> 00:18:21,420  
message is being told to you through

462  
00:18:25,340 --> 00:18:22,980  
symbolism but really what's most

463  
00:18:27,470 --> 00:18:25,350

important is there's a story that's

464

00:18:29,000 --> 00:18:27,480

being told there it is like a parable

465

00:18:30,620 --> 00:18:29,010

there is a lesson in it there is

466

00:18:32,750 --> 00:18:30,630

something to learn something to gain

467

00:18:34,850 --> 00:18:32,760

something to know and if you can

468

00:18:37,700 --> 00:18:34,860

approach the dream that way it actually

469

00:18:40,220 --> 00:18:37,710

makes things a lot easier because you

470

00:18:42,860 --> 00:18:40,230

don't have to get deep into all the you

471

00:18:44,780 --> 00:18:42,870

know dream psychology stuff I've gone

472

00:18:46,910 --> 00:18:44,790

there and it's very interesting but it

473

00:18:49,430 --> 00:18:46,920

took years to wrap my mind around all

474

00:18:51,800 --> 00:18:49,440

that stuff what I found to be much more

475

00:18:54,470 --> 00:18:51,810

valuable for me as a dream interpreter

476

00:18:57,890 --> 00:18:54,480

is the fact that I write fiction and

477

00:19:00,230 --> 00:18:57,900

that I can see a story within the dream

478

00:19:02,690 --> 00:19:00,240

and I can understand that there is a

479

00:19:04,730 --> 00:19:02,700

storyteller behind the scenes that's

480

00:19:06,530 --> 00:19:04,740

telling you a story so really what you

481

00:19:09,290 --> 00:19:06,540

want to do is think like that

482

00:19:11,840 --> 00:19:09,300

storyteller and ask why it tells the

483

00:19:13,640 --> 00:19:11,850

story the way it does once you can get

484

00:19:15,710 --> 00:19:13,650

to those insights you can see the

485

00:19:18,080 --> 00:19:15,720

reasons why the things appear the way

486

00:19:20,930 --> 00:19:18,090

that they do and transpire the way that

487

00:19:23,210 --> 00:19:20,940

they do in your dreams mm-hmm thank

488

00:19:26,330 --> 00:19:23,220

goodness you know there's so many

489

00:19:31,130 --> 00:19:26,340

different layers to us very very

490

00:19:33,380 --> 00:19:31,140

complicated human beings and as we wrap

491

00:19:34,850 --> 00:19:33,390

unwrapped the layers you know and we try

492

00:19:36,290 --> 00:19:34,860

to help each other out I mean you ever

493

00:19:37,970 --> 00:19:36,300

get into a conversation with someone

494

00:19:39,560 --> 00:19:37,980

you're like I really want to help this

495

00:19:41,750 --> 00:19:39,570

person and then you start peeling back

496

00:19:43,430 --> 00:19:41,760

the layers you're like my god I don't

497

00:19:46,220 --> 00:19:43,440

even want to know anymore you know it's

498

00:19:49,430 --> 00:19:46,230

you know it goes in a direction that's

499

00:19:52,190 --> 00:19:49,440

just so I don't know out there or so

500

00:19:54,560 --> 00:19:52,200

like morally wrong I mean do you come

501  
00:19:56,810 --> 00:19:54,570  
across like interpretation you're like

502  
00:19:58,129 --> 00:19:56,820  
you drunk like

503  
00:20:02,240 --> 00:19:58,139  
I don't know if I want to tell this

504  
00:20:04,580 --> 00:20:02,250  
person your serial killer I have seen a

505  
00:20:06,230 --> 00:20:04,590  
few times when because I you know I've

506  
00:20:08,330 --> 00:20:06,240  
run across thousands of Dreams as a

507  
00:20:09,289 --> 00:20:08,340  
moderator at reddit tonight really for

508  
00:20:11,450 --> 00:20:09,299  
I've been doing this for eight years

509  
00:20:13,700 --> 00:20:11,460  
some and I've been writing books about

510  
00:20:15,740 --> 00:20:13,710  
the subject and you know digging in with

511  
00:20:18,169 --> 00:20:15,750  
friends into their dreams in exploring

512  
00:20:20,659 --> 00:20:18,179  
my own dreams for the past 25 years and

513  
00:20:22,490 --> 00:20:20,669

well I found one thing is is that I'm

514

00:20:25,070 --> 00:20:22,500

not a very good interpreter if I won't

515

00:20:27,680 --> 00:20:25,080

go there into the dark inner reaches of

516

00:20:30,619 --> 00:20:27,690

a person with them if they want to go

517

00:20:33,680 --> 00:20:30,629

there and they have a desire to know the

518

00:20:36,409 --> 00:20:33,690

truth dreams are bluntly honest

519

00:20:37,940 --> 00:20:36,419

sometimes but they're it's an honesty

520

00:20:40,159 --> 00:20:37,950

that's told through symbolism like in

521

00:20:42,350 --> 00:20:40,169

the dream about the guy who said that he

522

00:20:44,180 --> 00:20:42,360

was gay in the dream I mean you people

523

00:20:45,680 --> 00:20:44,190

could take that and say well that must

524

00:20:47,539 --> 00:20:45,690

mean that you're gay you know and it's

525

00:20:49,549 --> 00:20:47,549

like no that's not what it means gay is

526  
00:20:51,830 --> 00:20:49,559  
a symbol for something and in this case

527  
00:20:54,590 --> 00:20:51,840  
I equated it with alpha male because of

528  
00:20:56,860 --> 00:20:54,600  
the rest of the story you know but you

529  
00:21:00,289 --> 00:20:56,870  
know I have run across a few I've seen

530  
00:21:02,269 --> 00:21:00,299  
mental illness and dreams I've seen

531  
00:21:04,159 --> 00:21:02,279  
people who were dealing with very deep

532  
00:21:07,480 --> 00:21:04,169  
personal issues I've seen things like

533  
00:21:11,539 --> 00:21:07,490  
cancer and dreams that it appeared as a

534  
00:21:13,580 --> 00:21:11,549  
as a snake and as there was another one

535  
00:21:15,320 --> 00:21:13,590  
or it appeared as a black panther but I

536  
00:21:16,759 --> 00:21:15,330  
think actually the Black Panther was the

537  
00:21:18,409 --> 00:21:16,769  
woman's ability to be able to fight the

538  
00:21:20,450 --> 00:21:18,419

cancer because she's lived through it

539

00:21:22,039 --> 00:21:20,460

and got through the whole Stage four you

540

00:21:23,869 --> 00:21:22,049

know get ready to die kind of thing and

541

00:21:26,149 --> 00:21:23,879

she actually came back from that the

542

00:21:28,369 --> 00:21:26,159

line dreams are difficult sometimes and

543

00:21:31,100 --> 00:21:28,379

if I see something in a dream that could

544

00:21:33,169 --> 00:21:31,110

point towards something in the body

545

00:21:34,610 --> 00:21:33,179

that's developing and it's off like some

546

00:21:37,399 --> 00:21:34,620

kind of disease or something it's very

547

00:21:38,960 --> 00:21:37,409

difficult for me to be able it's very

548

00:21:42,409 --> 00:21:38,970

difficult for me to break that kind of

549

00:21:44,149 --> 00:21:42,419

news and but I'm never definitive in the

550

00:21:46,190 --> 00:21:44,159

way that I present a dream to someone

551  
00:21:48,200 --> 00:21:46,200  
what I'm really trying to do is give

552  
00:21:49,940 --> 00:21:48,210  
them the information that they need to

553  
00:21:52,909 --> 00:21:49,950  
be able to reach their own conclusions

554  
00:21:54,830 --> 00:21:52,919  
and if I see something in a dream I and

555  
00:21:56,659 --> 00:21:54,840  
and and they don't see it I'll try to

556  
00:21:58,490 --> 00:21:56,669  
ask them the right kinds of questions so

557  
00:22:00,740 --> 00:21:58,500  
that they can see it for themselves I

558  
00:22:03,259 --> 00:22:00,750  
think that you actually do an injustice

559  
00:22:06,009 --> 00:22:03,269  
by just trying to tell a person what

560  
00:22:08,000 --> 00:22:06,019  
their dream means and we had years of

561  
00:22:09,660 --> 00:22:08,010  
psychoanalysts trying to tell people

562  
00:22:11,070 --> 00:22:09,670  
that there were all these deep dark

563  
00:22:13,080 --> 00:22:11,080

things about him that were showing in

564

00:22:15,360 --> 00:22:13,090

their dreams and I can look at the same

565

00:22:16,440 --> 00:22:15,370

dreams and interpret them completely

566

00:22:20,250 --> 00:22:16,450

differently

567

00:22:22,350 --> 00:22:20,260

so you know take it all with a grain of

568

00:22:24,420 --> 00:22:22,360

salt I guess but I will I do want to say

569

00:22:26,490 --> 00:22:24,430

though that you are the best interpreter

570

00:22:27,090 --> 00:22:26,500

of your dreams you just need to know how

571

00:22:29,520 --> 00:22:27,100

to do it

572

00:22:31,170 --> 00:22:29,530

amen to that you know it kind of reminds

573

00:22:34,020 --> 00:22:31,180

me when you're talking about different

574

00:22:36,150 --> 00:22:34,030

interpreters and whatnot in the medical

575

00:22:39,420 --> 00:22:36,160

world I'm an occupational therapist I'm

576

00:22:40,890 --> 00:22:39,430

a medical professional it's like they

577

00:22:43,890 --> 00:22:40,900

call it a medical practice because

578

00:22:47,040 --> 00:22:43,900

they're just practicing they don't have

579

00:22:48,960 --> 00:22:47,050

all the answers you will find so many

580

00:22:51,210 --> 00:22:48,970

different opinions out there every

581

00:22:53,250 --> 00:22:51,220

different doctor you go to and they'll

582

00:22:55,830 --> 00:22:53,260

all say oh you're gonna live for five

583

00:22:57,510 --> 00:22:55,840

months when I'll say five days you know

584

00:23:00,810 --> 00:22:57,520

it's like you just they don't know

585

00:23:02,220 --> 00:23:00,820

they're not in control so and you said

586

00:23:06,060 --> 00:23:02,230

that you have to kind of go into those

587

00:23:07,680 --> 00:23:06,070

deep dark reaches of people's psyche I

588

00:23:10,620 --> 00:23:07,690

get that you got to kind of feel them

589

00:23:13,050 --> 00:23:10,630

out but I you know what I always say the

590

00:23:15,540 --> 00:23:13,060

day I can understand a crazy person

591

00:23:18,690 --> 00:23:15,550

means I'm just as crazy as they are so I

592

00:23:20,970 --> 00:23:18,700

am happy to not know why they think as

593

00:23:23,370 --> 00:23:20,980

they do so it scares me for you that's

594

00:23:27,240 --> 00:23:23,380

your like I go there with them like no

595

00:23:29,100 --> 00:23:27,250

don't do it yeah yeah I think sometimes

596

00:23:30,840 --> 00:23:29,110

I was meant to be a perhaps like a

597

00:23:32,340 --> 00:23:30,850

psychiatrist or something because I

598

00:23:34,110 --> 00:23:32,350

would be willing to go there with a

599

00:23:36,570 --> 00:23:34,120

person if they have some kind of deep

600

00:23:39,060 --> 00:23:36,580

thing going on inside of them dr. Young

601  
00:23:40,830 --> 00:23:39,070  
said that the therapist is the tool and

602  
00:23:42,090 --> 00:23:40,840  
that if they aren't willing to go into

603  
00:23:44,310 --> 00:23:42,100  
the world of the patient then they

604  
00:23:45,750 --> 00:23:44,320  
shouldn't be doing it and so there's a

605  
00:23:48,000 --> 00:23:45,760  
lot of psychiatrists out there these

606  
00:23:50,690 --> 00:23:48,010  
days who will only hit the surface of a

607  
00:23:52,800 --> 00:23:50,700  
person and then prescribe a drug or

608  
00:23:54,300 --> 00:23:52,810  
cocktail of drugs for them that's

609  
00:23:56,700 --> 00:23:54,310  
supposed to make them better when really

610  
00:23:59,700 --> 00:23:56,710  
what the person needs is someone who can

611  
00:24:01,320 --> 00:23:59,710  
look at them and be a bridge to see the

612  
00:24:03,270 --> 00:24:01,330  
potential in them from where they are

613  
00:24:05,700 --> 00:24:03,280

now and where they can be and be the

614

00:24:07,980 --> 00:24:05,710

bridge for them I think that spiritual

615

00:24:09,690 --> 00:24:07,990

counselors and pastors are much too much

616

00:24:12,030 --> 00:24:09,700

the same thing that what they're always

617

00:24:13,740 --> 00:24:12,040

doing is when somebody comes to them

618

00:24:16,740 --> 00:24:13,750

who's really messed up what they are

619

00:24:18,900 --> 00:24:16,750

seeing is the less than ideal version of

620

00:24:21,450 --> 00:24:18,910

the person and you if you can picture

621

00:24:23,030 --> 00:24:21,460

that this is God's creation and that

622

00:24:25,340 --> 00:24:23,040

there was a perfect idea for the

623

00:24:27,560 --> 00:24:25,350

person and what they could be if you can

624

00:24:29,930 --> 00:24:27,570

envision that and say I'll do whatever I

625

00:24:31,850 --> 00:24:29,940

can to help this person achieve that

626

00:24:34,310 --> 00:24:31,860

vision that ideal version of themselves

627

00:24:36,170 --> 00:24:34,320

then you are a healer and you should be

628

00:24:38,570 --> 00:24:36,180

doing it but if you're not willing to go

629

00:24:43,250 --> 00:24:38,580

there then I would question why you're

630

00:24:45,290 --> 00:24:43,260

in the profession I have to tell you

631

00:24:47,780 --> 00:24:45,300

this somebody in the chat room says oh

632

00:24:49,550 --> 00:24:47,790

my I dreamt about a six-foot rattlesnake

633

00:24:52,010 --> 00:24:49,560

two nights ago when you mentioned about

634

00:24:54,470 --> 00:24:52,020

you know the cancer come in in the shape

635

00:24:56,480 --> 00:24:54,480

of a snake it's like yeah but you can't

636

00:24:58,130 --> 00:24:56,490

interpret it it's like across the board

637

00:24:59,840 --> 00:24:58,140

like that just cuz you saw a snake it's

638

00:25:01,580 --> 00:24:59,850

cancer that's all right that's right

639

00:25:03,170 --> 00:25:01,590

there's a lot of different possibilities

640

00:25:05,600 --> 00:25:03,180

for what it can mean if you go to Dreams

641

00:25:07,580 --> 00:25:05,610

1 2 3 dotnet and look on the sidebar

642

00:25:10,370 --> 00:25:07,590

under most popular posts you will see

643

00:25:12,560 --> 00:25:10,380

that the snake that when I wrote about

644

00:25:14,630 --> 00:25:12,570

interpreting snake dreams is one of the

645

00:25:16,730 --> 00:25:14,640

most popular and it has been for years

646

00:25:19,130 --> 00:25:16,740

there's a lot of comments in there and

647

00:25:22,370 --> 00:25:19,140

it has everything from okay Heidi try

648

00:25:25,370 --> 00:25:22,380

this that for some women that snakes can

649

00:25:27,770 --> 00:25:25,380

represent masculine energy and sexual

650

00:25:29,720 --> 00:25:27,780

come-ons they'll be like having a snake

651  
00:25:31,400 --> 00:25:29,730  
coming after them in a dream and really

652  
00:25:33,980 --> 00:25:31,410  
what it is is like if they're running

653  
00:25:35,600 --> 00:25:33,990  
from the snake or defending themselves

654  
00:25:37,340 --> 00:25:35,610  
from at what they're really doing is

655  
00:25:40,550 --> 00:25:37,350  
defending themselves from masculine

656  
00:25:42,770 --> 00:25:40,560  
energy if the snake wraps around you or

657  
00:25:44,690 --> 00:25:42,780  
it's a constrictor type of snake the

658  
00:25:47,720 --> 00:25:44,700  
GNAT can show that there is some way

659  
00:25:49,250 --> 00:25:47,730  
that you feel constricted I had someone

660  
00:25:50,900 --> 00:25:49,260  
came to me with a dream someone very

661  
00:25:53,660 --> 00:25:50,910  
close to me her and her mother both

662  
00:25:55,970 --> 00:25:53,670  
dreamed about letting snakes out of the

663  
00:25:57,740 --> 00:25:55,980

house they weren't scared of the snakes

664

00:26:00,230 --> 00:25:57,750

but they knew that the snakes needed to

665

00:26:02,360 --> 00:26:00,240

go what they have at home is a

666

00:26:04,010 --> 00:26:02,370

grandmother who's there who's in her 90s

667

00:26:07,370 --> 00:26:04,020

and they're both thinking to themselves

668

00:26:10,250 --> 00:26:07,380

that right now our lives are constricted

669

00:26:12,290 --> 00:26:10,260

because grandma is so old and requires

670

00:26:14,660 --> 00:26:12,300

so much care and it's really time for

671

00:26:16,940 --> 00:26:14,670

her to pass on grandma herself says

672

00:26:19,160 --> 00:26:16,950

she's ready to go these both both of

673

00:26:20,810 --> 00:26:19,170

these women love their grandma very

674

00:26:22,880 --> 00:26:20,820

deeply and dearly so they're not

675

00:26:25,190 --> 00:26:22,890

expressing a desire to like get rid of

676

00:26:27,410 --> 00:26:25,200

her or something but what really it is

677

00:26:29,270 --> 00:26:27,420

is it's just an honest expression of

678

00:26:30,920 --> 00:26:29,280

feeling like their lives are on hold

679

00:26:32,150 --> 00:26:30,930

because they have to spend so much time

680

00:26:33,920 --> 00:26:32,160

caring for Grandma

681

00:26:36,170 --> 00:26:33,930

they want to let the snake out of the

682

00:26:36,770 --> 00:26:36,180

house in the sense of let her go to that

683

00:26:39,800 --> 00:26:36,780

place

684

00:26:41,450 --> 00:26:39,810

where she can go to next but there there

685

00:26:43,430 --> 00:26:41,460

are the ways of looking at it too you

686

00:26:45,470 --> 00:26:43,440

know a lot depends on the action with

687

00:26:47,630 --> 00:26:45,480

the snake and what it does you know

688

00:26:50,180 --> 00:26:47,640

snakes are associated with things such

689

00:26:51,860 --> 00:26:50,190

as venom and venom is associated with

690

00:26:53,960 --> 00:26:51,870

things that get inside of you that

691

00:26:58,340 --> 00:26:53,970

poison you from within think about

692

00:26:59,780 --> 00:26:58,350

anxiety stress hate anger these are

693

00:27:02,120 --> 00:26:59,790

things that work from within you to

694

00:27:04,010 --> 00:27:02,130

poison the entire system so that's what

695

00:27:05,630 --> 00:27:04,020

it can mean to have a snake bite but

696

00:27:07,850 --> 00:27:05,640

there's another way of looking at it is

697

00:27:09,860 --> 00:27:07,860

sometimes what a snake biting you means

698

00:27:12,380 --> 00:27:09,870

is is that there is something inside of

699

00:27:16,220 --> 00:27:12,390

you that is trying to get your attention

700

00:27:19,430 --> 00:27:16,230

and that it's time to change why because

701  
00:27:21,800 --> 00:27:19,440  
snakes shed their skin so snakes are

702  
00:27:24,410 --> 00:27:21,810  
associated with transformation snakes

703  
00:27:26,510 --> 00:27:24,420  
are associated with the Kundalini if you

704  
00:27:28,010 --> 00:27:26,520  
look at those old statues in Egypt but

705  
00:27:29,390 --> 00:27:28,020  
if the Pharaohs and stuff you'll see

706  
00:27:31,100 --> 00:27:29,400  
these snakes coming out of their

707  
00:27:33,260 --> 00:27:31,110  
foreheads and you're like what in the

708  
00:27:34,760 --> 00:27:33,270  
world does that mean what happens is is

709  
00:27:36,680 --> 00:27:34,770  
that this person has achieved an

710  
00:27:39,140 --> 00:27:36,690  
elevated level of consciousness where

711  
00:27:41,390 --> 00:27:39,150  
the Kundalini has risen up the spine and

712  
00:27:43,970 --> 00:27:41,400  
now it is like coming out of the

713  
00:27:46,160 --> 00:27:43,980

forehead which is the third eye so and I

714

00:27:48,920 --> 00:27:46,170

have actually seen this at work in some

715

00:27:51,350 --> 00:27:48,930

dreams that it is it's very obvious that

716

00:27:53,600 --> 00:27:51,360

the twin snakes that are going upward is

717

00:27:56,000 --> 00:27:53,610

the twin energy of the Kundalini going

718

00:27:57,950 --> 00:27:56,010

up the spine and that the snake bursts

719

00:27:59,930 --> 00:27:57,960

up out of the ground and it becomes like

720

00:28:01,820 --> 00:27:59,940

in some cases that's like 40-foot tall

721

00:28:04,850 --> 00:28:01,830

and it's like this mythological creature

722

00:28:06,980 --> 00:28:04,860

you know fantastic dreams and always say

723

00:28:09,020 --> 00:28:06,990

to those people man I yeah I kind of

724

00:28:10,910 --> 00:28:09,030

envy you because it shows that there's a

725

00:28:12,920 --> 00:28:10,920

process that's going on within you where

726

00:28:15,380 --> 00:28:12,930

you are able to harness this deep primal

727

00:28:17,060 --> 00:28:15,390

energy from within you and raise it up

728

00:28:18,800 --> 00:28:17,070

so that it becomes part of your higher

729

00:28:21,140 --> 00:28:18,810

levels of consciousness I mean that's

730

00:28:22,820 --> 00:28:21,150

fabulous so there are different ways of

731

00:28:24,980 --> 00:28:22,830

looking at it you have to know that you

732

00:28:27,710 --> 00:28:24,990

have to understand the symbol within the

733

00:28:29,930 --> 00:28:27,720

context of the dream and only a few

734

00:28:32,750 --> 00:28:29,940

cases out of hundreds of snake dreams

735

00:28:34,220 --> 00:28:32,760

have I found and as I have I found that

736

00:28:36,710 --> 00:28:34,230

the snake showed that there was

737

00:28:39,380 --> 00:28:36,720

something that was medically or

738

00:28:40,790 --> 00:28:39,390

physically wrong with a person oh that's

739

00:28:43,790 --> 00:28:40,800

good to hear because they were a bit

740

00:28:45,890 --> 00:28:43,800

stressed when they heard that god I I

741

00:28:47,720 --> 00:28:45,900

gotta be so careful about that stuff you

742

00:28:48,980 --> 00:28:47,730

know because people know that I know my

743

00:28:49,660 --> 00:28:48,990

stuff and they you know they're

744

00:28:52,120 --> 00:28:49,670

listening to me

745

00:28:57,190 --> 00:28:52,130

an expert so I'm sorry if I you know if

746

00:28:58,750 --> 00:28:57,200

I got anybody scared out there literal

747

00:28:59,920 --> 00:28:58,760

but we gotta get to her first break you

748

00:29:03,840 --> 00:28:59,930

guys are listening to me Heidi Hollis

749

00:29:08,320 --> 00:29:06,460

welcome back hey everybody here listen

750

00:29:09,940 --> 00:29:08,330

to me unite house and the Outlander

751

00:29:11,890 --> 00:29:09,950

memory always fits weird we're here

752

00:29:13,870 --> 00:29:11,900

we're give me advice and insight on

753

00:29:17,530 --> 00:29:13,880

outlandish topics phone lines are always

754

00:29:19,240 --> 00:29:17,540

open one in eight nine one nine 2255 but

755

00:29:21,190 --> 00:29:19,250

I realize most you guys listen to us

756

00:29:23,020 --> 00:29:21,200

after the fact which is fine because

757

00:29:25,480 --> 00:29:23,030

we're just hanging here talking about

758

00:29:28,360 --> 00:29:25,490

dreams and we're even going to touch

759

00:29:31,210 --> 00:29:28,370

into the paranormal aspects of dreams

760

00:29:33,490 --> 00:29:31,220

because I'm sorry I mean these these

761

00:29:36,400 --> 00:29:33,500

dream things this other world that we

762

00:29:39,130 --> 00:29:36,410

seem to venture out into is quite

763

00:29:42,010 --> 00:29:39,140

paranormal so let's go there and talk

764

00:29:44,590 --> 00:29:42,020

about this a bit because there is so

765

00:29:47,230 --> 00:29:44,600

much that I even personally have

766

00:29:49,360 --> 00:29:47,240

explored i i have categorized some of my

767

00:29:52,060 --> 00:29:49,370

dreams to be called waking dreams

768

00:29:53,230 --> 00:29:52,070

because they are so real i cannot

769

00:29:55,720 --> 00:29:53,240

believe they didn't actually happen

770

00:29:58,510 --> 00:29:55,730

whether on this plane or the the next

771

00:30:01,240 --> 00:29:58,520

one i I don't know I mean is there a

772

00:30:03,340 --> 00:30:01,250

category of what you would call those

773

00:30:06,250 --> 00:30:03,350

types of dreams I have been to what

774

00:30:08,500 --> 00:30:06,260

heaven like place and since I was a kid

775

00:30:11,350 --> 00:30:08,510

and I would talk to my sister about it

776

00:30:13,690 --> 00:30:11,360

and only as a college student that I

777

00:30:15,970 --> 00:30:13,700

come across someone else talking about

778

00:30:18,520 --> 00:30:15,980

very similar looking buildings that I

779

00:30:21,610 --> 00:30:18,530

see there and just blow my mind just

780

00:30:23,110 --> 00:30:21,620

blow my mind I I just I don't know it's

781

00:30:26,200 --> 00:30:23,120

like what's that category where do we

782

00:30:28,510 --> 00:30:26,210

put this stuff you know I've run across

783

00:30:31,030 --> 00:30:28,520

some reports of people who dreamed about

784

00:30:33,820 --> 00:30:31,040

the same sort of like it's like they go

785

00:30:35,890 --> 00:30:33,830

to a city and it's it's not an earthly

786

00:30:37,060 --> 00:30:35,900

city it's like an astral city and

787

00:30:39,010 --> 00:30:37,070

they're there in their dream and they

788

00:30:40,930 --> 00:30:39,020

meet people and have experiences and

789

00:30:42,700 --> 00:30:40,940

they see things and then you find that

790

00:30:46,230 --> 00:30:42,710

there are multiple people who report the

791

00:30:48,490 --> 00:30:46,240

same thing now it's not to say that that

792

00:30:50,950 --> 00:30:48,500

couldn't be used in more than one

793

00:30:53,290 --> 00:30:50,960

person's dream I have found fantastic

794

00:30:54,730 --> 00:30:53,300

dreams about like visiting God and going

795

00:30:56,740 --> 00:30:54,740

to the afterlife and stuff and

796

00:30:58,900 --> 00:30:56,750

ultimately we found more traditional

797

00:31:01,030 --> 00:30:58,910

explanations for them I've had other

798

00:31:03,010 --> 00:31:01,040

cases though that I wasn't able to find

799

00:31:05,410 --> 00:31:03,020

any kind of traditional explanation

800

00:31:08,170 --> 00:31:05,420

for it and you know edgar cayce the

801  
00:31:10,660 --> 00:31:08,180  
famous psychic is one of my main sources

802  
00:31:13,120 --> 00:31:10,670  
for understanding dreams especially when

803  
00:31:17,760 --> 00:31:13,130  
they get deeper into spirits and stuff

804  
00:31:20,950 --> 00:31:17,770  
like that an anchor Cayce said that some

805  
00:31:24,430 --> 00:31:20,960  
what a matchup and what a t-mike

806  
00:31:26,950 --> 00:31:24,440  
MetroPCS in the iPhone se for \$0 on a

807  
00:31:30,460 --> 00:31:26,960  
network that covers 99% of people in the

808  
00:31:32,680 --> 00:31:30,470  
u.s. wholly impressive play with the

809  
00:31:35,290 --> 00:31:32,690  
best switch to MetroPCS and an unlimited

810  
00:31:38,350 --> 00:31:35,300  
LTE plan and get a 32 gig iphone se for

811  
00:31:39,730 --> 00:31:38,360  
\$0 MetroPCS covers not available in some

812  
00:31:41,290 --> 00:31:39,740  
areas plus sales tax claim based on

813  
00:31:42,460 --> 00:31:41,300

talking text not now interactive numbers

814

00:31:44,050 --> 00:31:42,470

currently on the t-mobile network are

815

00:31:46,530 --> 00:31:44,060

active on metro pcs in the past 90 days

816

00:31:49,960 --> 00:31:46,540

C store for details in terms conditions

817

00:31:53,740 --> 00:31:49,970

dreams are the spirits leaving the body

818

00:31:56,470 --> 00:31:53,750

to go into the spirit realm and go and

819

00:31:58,570 --> 00:31:56,480

have its own experiences so you know I

820

00:32:00,850 --> 00:31:58,580

may not fully understand that but I

821

00:32:03,400 --> 00:32:00,860

trust mr. Casey as a source because he

822

00:32:05,980 --> 00:32:03,410

was right about thousands of healings so

823

00:32:09,220 --> 00:32:05,990

on top of things you know one another

824

00:32:11,410 --> 00:32:09,230

very strange aspect I never could

825

00:32:13,420 --> 00:32:11,420

understand and you know I have some

826

00:32:14,980 --> 00:32:13,430

psychic friends and people have to come

827

00:32:17,620 --> 00:32:14,990

on the show and try to tell me what they

828

00:32:19,660 --> 00:32:17,630

think this is but I mean way back before

829

00:32:22,240 --> 00:32:19,670

I even got out there with a lot of my

830

00:32:24,340 --> 00:32:22,250

work in writings and stuff people

831

00:32:27,340 --> 00:32:24,350

telling me that they saw me in their

832

00:32:29,860 --> 00:32:27,350

dream didn't know me from nothing and

833

00:32:32,440 --> 00:32:29,870

then like years later or whenever they

834

00:32:34,810 --> 00:32:32,450

would come across me and lo send me an

835

00:32:37,270 --> 00:32:34,820

email and say oh my god I dreamt about

836

00:32:39,700 --> 00:32:37,280

you do I look familiar to you and send

837

00:32:42,430 --> 00:32:39,710

their picture to me and it just like

838

00:32:43,780 --> 00:32:42,440

what on earth and they would go into

839

00:32:46,810 --> 00:32:43,790

detail about what their dream was about

840

00:32:48,880 --> 00:32:46,820

and and it sounds somewhat familiar they

841

00:32:51,160 --> 00:32:48,890

do look somewhat familiar as well and

842

00:32:53,250 --> 00:32:51,170

it's like I don't know that category I

843

00:32:56,590 --> 00:32:53,260

don't know what that is

844

00:32:58,450 --> 00:32:56,600

it's called precognition and what it is

845

00:33:01,120 --> 00:32:58,460

is it's an ability of the mind to be

846

00:33:03,580 --> 00:33:01,130

able to detach from local time and space

847

00:33:05,560 --> 00:33:03,590

and be able to take in information from

848

00:33:07,540 --> 00:33:05,570

other points and time and space that are

849

00:33:09,340 --> 00:33:07,550

not directly connected causally or

850

00:33:11,560 --> 00:33:09,350

physically so what you're basically

851

00:33:13,780 --> 00:33:11,570

doing is you're pulling in information

852

00:33:15,680 --> 00:33:13,790

okay so here's let me give you some

853

00:33:17,600 --> 00:33:15,690

examples there is a guy who had a dream

854

00:33:21,409 --> 00:33:17,610

the other day about the village of armed

855

00:33:23,450 --> 00:33:21,419

erm and what he saw in the dream a place

856

00:33:26,029 --> 00:33:23,460

he had never visited he's in America

857

00:33:28,789 --> 00:33:26,039

erm is in the Netherlands and when he

858

00:33:30,529 --> 00:33:28,799

looked up um he woke up with the strange

859

00:33:32,720 --> 00:33:30,539

feeling that it wasn't just something

860

00:33:34,610 --> 00:33:32,730

that dream made up the term was a real

861

00:33:36,830 --> 00:33:34,620

place so he looked it up and he saw the

862

00:33:39,710 --> 00:33:36,840

pictures and he went that is just like

863

00:33:41,269 --> 00:33:39,720

my dream now a researcher could say you

864

00:33:43,340 --> 00:33:41,279

can't affirm that because there could be

865

00:33:45,889 --> 00:33:43,350

some kind of confirmation bias going on

866

00:33:47,799 --> 00:33:45,899

okay I get that I had a guy who dreamed

867

00:33:50,509 --> 00:33:47,809

about this place in one of the

868

00:33:53,539 --> 00:33:50,519

Slovakia's or somewhere there in Eastern

869

00:33:56,389 --> 00:33:53,549

Europe it is the hell museum and it's

870

00:33:58,580 --> 00:33:56,399

like this Museum of the McCobb and you

871

00:34:01,340 --> 00:33:58,590

know like they have of Hell and demons

872

00:34:03,169 --> 00:34:01,350

and he had never heard of the place or

873

00:34:05,990 --> 00:34:03,179

the town that it was in but he visited

874

00:34:07,909 --> 00:34:06,000

it in his dreams I have another firm a

875

00:34:09,950 --> 00:34:07,919

very good friend of mine before I came

876

00:34:14,000 --> 00:34:09,960

on the air his name is Ian Wilson and

877

00:34:16,879 --> 00:34:14,010

Ian was at the Monroe Institute over the

878

00:34:19,790 --> 00:34:16,889

weekend and Ian has been lucid dreaming

879

00:34:22,309 --> 00:34:19,800

for thirty years now and he can dream

880

00:34:25,069 --> 00:34:22,319

pre cognitively while he is lucid

881

00:34:26,839 --> 00:34:25,079

dreaming in other words a door opens up

882

00:34:29,030 --> 00:34:26,849

and he has shown possibilities for the

883

00:34:31,369 --> 00:34:29,040

future and he knows to take this

884

00:34:33,169 --> 00:34:31,379

seriously because he saved his own life

885

00:34:34,819 --> 00:34:33,179

and his daughter's life from a car

886

00:34:36,530 --> 00:34:34,829

accident based off of a dream that

887

00:34:38,720 --> 00:34:36,540

warned him ahead of time it was going to

888

00:34:42,109 --> 00:34:38,730

happen and he took the steps necessary

889

00:34:43,790 --> 00:34:42,119

to prevent it from happening Holly how

890

00:34:45,559 --> 00:34:43,800

do you mentioned earlier that you have

891

00:34:48,409 --> 00:34:45,569

sometimes those dreams that are just

892

00:34:50,359 --> 00:34:48,419

incredibly real yes what those dreams

893

00:34:54,020 --> 00:34:50,369

are showing you are scenes from your

894

00:34:55,819 --> 00:34:54,030

future if this is not as widely accepted

895

00:34:58,430 --> 00:34:55,829

as it should be because there is a lot

896

00:35:00,380 --> 00:34:58,440

of evidence for precognition and I have

897

00:35:02,839 --> 00:35:00,390

had these dreams I know many people who

898

00:35:05,059 --> 00:35:02,849

have had them and there are times like

899

00:35:07,640 --> 00:35:05,069

Ian was just at that Monroe Institute

900

00:35:09,380 --> 00:35:07,650

thing over the weekend he had two dreams

901  
00:35:11,210 --> 00:35:09,390  
leading up to him where he was already

902  
00:35:13,430 --> 00:35:11,220  
introduced to people who were going to

903  
00:35:15,920 --> 00:35:13,440  
be there at the workshops people he'd

904  
00:35:17,690 --> 00:35:15,930  
never met before and he wrote it down in

905  
00:35:19,309 --> 00:35:17,700  
his dream journal and when he met these

906  
00:35:21,710 --> 00:35:19,319  
people he was able to pull open his

907  
00:35:24,470 --> 00:35:21,720  
dream journal and show how the in the

908  
00:35:26,630 --> 00:35:24,480  
dream he saw that person he knew details

909  
00:35:29,060 --> 00:35:26,640  
from their life I've had people who've

910  
00:35:31,460 --> 00:35:29,070  
met each other there was one guy he

911  
00:35:33,620 --> 00:35:31,470  
not a dream okay this is a fantastic

912  
00:35:35,840 --> 00:35:33,630  
dream okay he has this dream that he

913  
00:35:38,270 --> 00:35:35,850

meets this girl and they just hit it off

914

00:35:40,760 --> 00:35:38,280

things are great he's talking to her she

915

00:35:42,800 --> 00:35:40,770

reveals her first name her last name and

916

00:35:45,920 --> 00:35:42,810

some details about an accident that she

917

00:35:47,780 --> 00:35:45,930

had that had hospitalized her so a

918

00:35:50,540 --> 00:35:47,790

couple of weeks later he's walking

919

00:35:52,850 --> 00:35:50,550

through the grocery store and guess who

920

00:35:55,400 --> 00:35:52,860

he goes by he looks at this girl's face

921

00:35:58,040 --> 00:35:55,410

and he's like I know you and the dream

922

00:36:00,020 --> 00:35:58,050

pops to mind so he tries he just says

923

00:36:01,670 --> 00:36:00,030

her first name like let's say you know

924

00:36:03,680 --> 00:36:01,680

if you're walking down an aisle and you

925

00:36:05,210 --> 00:36:03,690

walk past some guy and he caught it

926  
00:36:08,180 --> 00:36:05,220  
takes a double-take and looks at you and

927  
00:36:11,630 --> 00:36:08,190  
he goes Heidi and you're like yeah you

928  
00:36:14,090 --> 00:36:11,640  
know and then he knows your last name

929  
00:36:16,730 --> 00:36:14,100  
and then you're like yeah that's my last

930  
00:36:18,530 --> 00:36:16,740  
name and but at that point he can't tell

931  
00:36:20,660 --> 00:36:18,540  
you that he'd met you first in a dream

932  
00:36:22,790 --> 00:36:20,670  
and he knew your first and last name he

933  
00:36:24,710 --> 00:36:22,800  
said that he played it off with the girl

934  
00:36:26,150 --> 00:36:24,720  
like oh we must have met somewhere

935  
00:36:28,220 --> 00:36:26,160  
because your name popped the mind he

936  
00:36:30,110 --> 00:36:28,230  
knew it was from the dream and he got

937  
00:36:32,510 --> 00:36:30,120  
the knower and he wanted to verify this

938  
00:36:34,760 --> 00:36:32,520

for himself so he said hey was there

939

00:36:36,170 --> 00:36:34,770

anything you know the where you were

940

00:36:38,360 --> 00:36:36,180

hospitalized and you have some kind of

941

00:36:40,550 --> 00:36:38,370

injury to your back and he said that the

942

00:36:44,600 --> 00:36:40,560

girl pulled up her shirt and showed him

943

00:36:46,340 --> 00:36:44,610

the scars come on yeah yeah yeah people

944

00:36:48,020 --> 00:36:46,350

who have gotten married they've seen

945

00:36:56,740 --> 00:36:48,030

their children ahead of time check out

946

00:37:02,510 --> 00:37:00,650

and I had dreams of being pregnant and I

947

00:37:06,590 --> 00:37:02,520

mean just like and I'm like okay which

948

00:37:08,630 --> 00:37:06,600

one of you is it you know I've got one

949

00:37:10,640 --> 00:37:08,640

for you and you're talking about that

950

00:37:13,100 --> 00:37:10,650

dream with the guy in the grocery store

951  
00:37:16,430 --> 00:37:13,110  
yeah this I am not kidding you is one of

952  
00:37:21,170 --> 00:37:16,440  
those heaven dreamlike things I had and

953  
00:37:24,380 --> 00:37:21,180  
I saw like babies being I don't know

954  
00:37:26,990 --> 00:37:24,390  
like being ready to come to be born okay

955  
00:37:31,490 --> 00:37:27,000  
and and I saw what they look like and

956  
00:37:33,890 --> 00:37:31,500  
and there was one that didn't it just

957  
00:37:38,120 --> 00:37:33,900  
wasn't it wasn't a pure spirit let's put

958  
00:37:40,640 --> 00:37:38,130  
it that way and the angelic like beings

959  
00:37:42,210 --> 00:37:40,650  
that were making this child knew it and

960  
00:37:45,540 --> 00:37:42,220  
grabbed ahold of it you know

961  
00:37:46,650 --> 00:37:45,550  
and so long story short and I got a good

962  
00:37:48,960 --> 00:37:46,660  
look at this baby

963  
00:37:50,640 --> 00:37:48,970

alright I was a college student at the

964

00:37:55,740 --> 00:37:50,650

time I was working in a grocery store

965

00:37:56,460 --> 00:37:55,750

that's a bakery person and I see that

966

00:37:59,790 --> 00:37:56,470

baby

967

00:38:01,140 --> 00:37:59,800

very distinctive blue eyes being pushed

968

00:38:03,390 --> 00:38:01,150

around the shopping cart

969

00:38:06,450 --> 00:38:03,400

I have tapped my boss and I'm hitting it

970

00:38:07,849 --> 00:38:06,460

I'm going I drop to that baby and it

971

00:38:12,990 --> 00:38:07,859

wasn't a good baby

972

00:38:15,870 --> 00:38:13,000

not a good baby and I said I said I said

973

00:38:20,400 --> 00:38:15,880

the baby turned to look dead at me and

974

00:38:22,890 --> 00:38:20,410

I'm way down the aisle and I said now if

975

00:38:24,810 --> 00:38:22,900

that kid keeps staring at me the way

976

00:38:27,599 --> 00:38:24,820

that it is I said that's the demon baby

977

00:38:30,630 --> 00:38:27,609

for my dream the mob goes pushing past

978

00:38:32,640 --> 00:38:30,640

the aisle this kid is standing up in the

979

00:38:35,099 --> 00:38:32,650

in the shopping cart part you know it's

980

00:38:36,810 --> 00:38:35,109

a baby and pulls its legs out of the

981

00:38:39,750 --> 00:38:36,820

part of the place and spinning around to

982

00:38:44,339 --> 00:38:39,760

keep his eyes locked on him like son of

983

00:38:46,980 --> 00:38:44,349

a bee that it was so disturbing I cannot

984

00:38:58,099 --> 00:38:46,990

even tell you and I'm like there we go

985

00:39:08,670 --> 00:39:01,620

there you go thank you the cue the demon

986

00:39:09,900 --> 00:39:08,680

the omen I have no idea but I mean it's

987

00:39:12,780 --> 00:39:09,910

just so many weird things have happened

988

00:39:14,700 --> 00:39:12,790

this away I'm a bizarre one I got to

989

00:39:17,010 --> 00:39:14,710

tell the people are listening during the

990

00:39:19,440 --> 00:39:17,020

break damn and I was in here talking

991

00:39:20,970 --> 00:39:19,450

about you know other things that we

992

00:39:23,490 --> 00:39:20,980

could talk about and he brings up shadow

993

00:39:24,990 --> 00:39:23,500

people and did not know I'm not kidding

994

00:39:27,210 --> 00:39:25,000

you guys did not know I was the person

995

00:39:31,130 --> 00:39:27,220

that named the shadow people and Hatton

996

00:39:33,240 --> 00:39:31,140

and phenomena so I want you to go into

997

00:39:35,040 --> 00:39:33,250

what you're telling me what you're

998

00:39:37,050 --> 00:39:35,050

feeling is in regards to because I've

999

00:39:39,000 --> 00:39:37,060

heard for years about sleep paralysis I

1000

00:39:41,849 --> 00:39:39,010

know you know what it really is and you

1001  
00:39:44,099 --> 00:39:41,859  
know but I want you two to share because

1002  
00:39:46,589 --> 00:39:44,109  
it was just a wonderful coincidence you

1003  
00:39:49,109 --> 00:39:46,599  
wanted to talk about that topic and here

1004  
00:39:52,130 --> 00:39:49,119  
I literally wrote the books and named

1005  
00:39:56,490 --> 00:39:52,140  
those things yeah

1006  
00:39:57,870 --> 00:39:56,500  
okay well let's uh you know I always

1007  
00:40:00,540 --> 00:39:57,880  
look for conventional or traditional

1008  
00:40:02,760 --> 00:40:00,550  
ways of interpreting a dream first and

1009  
00:40:05,910 --> 00:40:02,770  
there is a phenomena that is called

1010  
00:40:08,340 --> 00:40:05,920  
sleep paralysis where this is the normal

1011  
00:40:10,650 --> 00:40:08,350  
state of being when you are in the deep

1012  
00:40:14,340 --> 00:40:10,660  
state deep stages of dreaming what your

1013  
00:40:16,350 --> 00:40:14,350

body needs to be able to shut down so

1014

00:40:18,210 --> 00:40:16,360

that the nervous system signals don't go

1015

00:40:20,730 --> 00:40:18,220

from the brain into the body and have

1016

00:40:23,190 --> 00:40:20,740

the body act out what's going on in the

1017

00:40:24,750 --> 00:40:23,200

dream but you will sometimes see a

1018

00:40:27,510 --> 00:40:24,760

little bit of leakage you'll see people

1019

00:40:29,910 --> 00:40:27,520

punching thrashing trying to run

1020

00:40:31,650 --> 00:40:29,920

something like that and what that shows

1021

00:40:33,930 --> 00:40:31,660

is that there is some kind of signal

1022

00:40:36,150 --> 00:40:33,940

that's getting through from the brain to

1023

00:40:38,700 --> 00:40:36,160

the body but usually you are in a

1024

00:40:41,490 --> 00:40:38,710

completely muted state it's called REM

1025

00:40:43,950 --> 00:40:41,500

atonia in the medical literature atonia

1026  
00:40:46,590 --> 00:40:43,960  
means muscle slackness and REM is rapid

1027  
00:40:50,460 --> 00:40:46,600  
eye movement so what happens with sleep

1028  
00:40:53,610 --> 00:40:50,470  
paralysis is you wake up but you are

1029  
00:40:55,890 --> 00:40:53,620  
still dreaming you are your body is

1030  
00:40:58,560 --> 00:40:55,900  
muted you are unable to respond so you

1031  
00:41:00,360 --> 00:40:58,570  
say you're paralyzed and here's the

1032  
00:41:02,790 --> 00:41:00,370  
thing about the Dreaming mind is it

1033  
00:41:05,430 --> 00:41:02,800  
takes any input and translates it into

1034  
00:41:07,040 --> 00:41:05,440  
symbolism that includes states of the

1035  
00:41:09,660 --> 00:41:07,050  
body and what you are feeling

1036  
00:41:11,760 --> 00:41:09,670  
emotionally so if you wake up and you're

1037  
00:41:13,320 --> 00:41:11,770  
paralyzed what is the reaction for most

1038  
00:41:16,170 --> 00:41:13,330

people they don't know what sleep

1039

00:41:17,760 --> 00:41:16,180

paralysis is and they freaked or at

1040

00:41:20,340 --> 00:41:17,770

least they start feeling like this

1041

00:41:23,040 --> 00:41:20,350

creeping fear coming into them this all

1042

00:41:25,170 --> 00:41:23,050

can happen in a flash and what will

1043

00:41:27,870 --> 00:41:25,180

happen is the Dreaming mind responds

1044

00:41:31,650 --> 00:41:27,880

based on the level of fear and it

1045

00:41:33,930 --> 00:41:31,660

creates corresponding imagery so if you

1046

00:41:35,850 --> 00:41:33,940

have a little bit of fear it might be

1047

00:41:38,820 --> 00:41:35,860

shown as a spider crawling across the

1048

00:41:41,790 --> 00:41:38,830

wall if you have a lot of fear it might

1049

00:41:43,320 --> 00:41:41,800

be shown as a demon that's about to

1050

00:41:45,360 --> 00:41:43,330

reach into your body and tear out your

1051  
00:41:47,970 --> 00:41:45,370  
soul and the thing is is that it is

1052  
00:41:50,340 --> 00:41:47,980  
completely realistic your eyes are open

1053  
00:41:53,550 --> 00:41:50,350  
your body can't move and there is an

1054  
00:41:55,050 --> 00:41:53,560  
overlay of dream imagery in fact what

1055  
00:41:57,840 --> 00:41:55,060  
we're finding now through the latest

1056  
00:42:00,030 --> 00:41:57,850  
research into schizophrenia is is that

1057  
00:42:02,580 --> 00:42:00,040  
one thing that many schizophrenic saw in

1058  
00:42:04,500 --> 00:42:02,590  
common is insomnia they have long-term

1059  
00:42:04,980 --> 00:42:04,510  
sleep deprivation and what will happen

1060  
00:42:07,830 --> 00:42:04,990  
is

1061  
00:42:10,530 --> 00:42:07,840  
they're dreaming function of their minds

1062  
00:42:12,990 --> 00:42:10,540  
will activate while they are awake so

1063  
00:42:16,290 --> 00:42:13,000

they are walking around in the waking

1064

00:42:18,900 --> 00:42:16,300

world and they are still dreaming now

1065

00:42:20,130 --> 00:42:18,910

sleep paralysis though is something it's

1066

00:42:21,870 --> 00:42:20,140

you don't have to be schizophrenic I

1067

00:42:24,870 --> 00:42:21,880

don't want anyone to think oh is

1068

00:42:27,420 --> 00:42:24,880

paralysis okay but this is commonly

1069

00:42:29,609 --> 00:42:27,430

reported with like alien abductions

1070

00:42:31,560 --> 00:42:29,619

there is one thing that is a commonality

1071

00:42:33,630 --> 00:42:31,570

when you look at all the reports okay

1072

00:42:35,550 --> 00:42:33,640

and I want to make clear that I know

1073

00:42:37,740 --> 00:42:35,560

that alien abduction has happened to

1074

00:42:40,530 --> 00:42:37,750

people who had been awake for hours that

1075

00:42:43,380 --> 00:42:40,540

it doesn't always start off with I woke

1076

00:42:45,480 --> 00:42:43,390

up and the little green guys were

1077

00:42:47,570 --> 00:42:45,490

beaming me out or the UFO was outside of

1078

00:42:49,770 --> 00:42:47,580

my bedroom window or they were

1079

00:42:51,960 --> 00:42:49,780

experimenting on me medically or

1080

00:42:55,320 --> 00:42:51,970

something like that what that is is

1081

00:42:57,870 --> 00:42:55,330

people's greatest fear manifesting when

1082

00:42:59,910 --> 00:42:57,880

it is part of sleep paralysis because

1083

00:43:02,190 --> 00:42:59,920

for some people that idea of being

1084

00:43:05,870 --> 00:43:02,200

completely out of control being

1085

00:43:11,550 --> 00:43:09,030

so if the Dreaming mind needs to pick up

1086

00:43:14,550 --> 00:43:11,560

on that feeling and turn it into imagery

1087

00:43:17,700 --> 00:43:14,560

one thing that it could do is show it as

1088

00:43:19,380 --> 00:43:17,710

being abducted by aliens because you are

1089

00:43:21,690 --> 00:43:19,390

out of control and there's nothing you

1090

00:43:24,390 --> 00:43:21,700

can do this is a force that is so much

1091

00:43:26,400 --> 00:43:24,400

more powerful than you they you can't

1092

00:43:28,109 --> 00:43:26,410

even begin to be able to fight back in

1093

00:43:31,050 --> 00:43:28,119

fact you're paralyzed so you can't fight

1094

00:43:34,020 --> 00:43:31,060

back so with these shadow people and

1095

00:43:35,970 --> 00:43:34,030

demons which is succubi incubi things

1096

00:43:38,580 --> 00:43:35,980

like that this is one of the things we

1097

00:43:40,470 --> 00:43:38,590

have in common and is you know that it's

1098

00:43:43,470 --> 00:43:40,480

it can be the result of sleep paralysis

1099

00:43:45,510 --> 00:43:43,480

and the in some cases people who were

1100

00:43:47,700 --> 00:43:45,520

accused of being witches and stuff it's

1101  
00:43:49,320 --> 00:43:47,710  
simply that somebody was dreaming that

1102  
00:43:51,599 --> 00:43:49,330  
they were this person was a witch and

1103  
00:43:54,090 --> 00:43:51,609  
they are unable to differentiate their

1104  
00:43:55,950 --> 00:43:54,100  
dream life from their waking life and so

1105  
00:43:58,170 --> 00:43:55,960  
then they make an accusation based on

1106  
00:43:59,880 --> 00:43:58,180  
something that they dream and next thing

1107  
00:44:04,020 --> 00:43:59,890  
you know they're stark and you know

1108  
00:44:05,640 --> 00:44:04,030  
they're they're stoking the fire yeah

1109  
00:44:09,090 --> 00:44:05,650  
when you mentioned this during the break

1110  
00:44:10,980 --> 00:44:09,100  
I'm like but you know I've heard some of

1111  
00:44:12,450 --> 00:44:10,990  
these things in regards to the sleep

1112  
00:44:13,620 --> 00:44:12,460  
paralysis as to why it is that people

1113  
00:44:16,980 --> 00:44:13,630

are seeing what they're seeing while

1114

00:44:18,950 --> 00:44:16,990

they're paralyzed I'm like you know I

1115

00:44:21,560 --> 00:44:18,960

understand you know but

1116

00:44:23,000 --> 00:44:21,570

I have thousands of reports from around

1117

00:44:25,940 --> 00:44:23,010

the world of people that have

1118

00:44:28,520 --> 00:44:25,950

experienced these odd shadowy hatman

1119

00:44:30,320 --> 00:44:28,530

or just shadow demon like things and

1120

00:44:33,020 --> 00:44:30,330

they're not always in sleep paralysis

1121

00:44:34,849 --> 00:44:33,030

and and maybe once a week I get an email

1122

00:44:37,520 --> 00:44:34,859

it says oh my gosh I thought it was the

1123

00:44:39,380 --> 00:44:37,530

only one and they described to a tee

1124

00:44:42,740 --> 00:44:39,390

what it is they're seeing and

1125

00:44:44,630 --> 00:44:42,750

experiencing and to have physical marks

1126  
00:44:46,960 --> 00:44:44,640  
from what happened to them from these

1127  
00:44:50,870 --> 00:44:46,970  
things pinning them down choking them

1128  
00:44:55,130 --> 00:44:50,880  
crafting them raping them no I mean

1129  
00:44:58,130 --> 00:44:55,140  
having PTSD and suddenly because they're

1130  
00:45:00,770 --> 00:44:58,140  
they're being abused and you know I've

1131  
00:45:03,200 --> 00:45:00,780  
had priests contact me I've had stars

1132  
00:45:05,930 --> 00:45:03,210  
contact me I you know people that are

1133  
00:45:08,359 --> 00:45:05,940  
just like I this thing is coming around

1134  
00:45:10,700 --> 00:45:08,369  
everybody sees them you know shared

1135  
00:45:13,730 --> 00:45:10,710  
experiences even and it's like you know

1136  
00:45:17,240 --> 00:45:13,740  
it's you know I can I don't know I have

1137  
00:45:20,420 --> 00:45:17,250  
a hard time tipping my hat to to say it

1138  
00:45:23,060 --> 00:45:20,430

may be asleep paralysis you know mystery

1139

00:45:25,880 --> 00:45:23,070

but because I just there's just too much

1140

00:45:27,650 --> 00:45:25,890

and and I mean as a therapist you know I

1141

00:45:31,609 --> 00:45:27,660

was putting out my book on the hat man

1142

00:45:33,680 --> 00:45:31,619

and to have one of my patients scream oh

1143

00:45:35,720 --> 00:45:33,690

my god who is that in the mirror and

1144

00:45:37,460 --> 00:45:35,730

describes the happen standing there in

1145

00:45:40,070 --> 00:45:37,470

front of other therapists you know I'm

1146

00:45:44,180 --> 00:45:40,080

like you know that there's just too much

1147

00:45:46,520 --> 00:45:44,190

you know so it's like I so wish I could

1148

00:45:49,970 --> 00:45:46,530

put it into that category I really do

1149

00:45:52,760 --> 00:45:49,980

because it is getting so disturbing out

1150

00:45:55,250 --> 00:45:52,770

there so disturbing I am like wow you

1151

00:45:57,250 --> 00:45:55,260

know if if this thing and it speaks

1152

00:45:58,849 --> 00:45:57,260

sometimes it's like if this thing isn't

1153

00:46:02,210 --> 00:45:58,859

evil itself

1154

00:46:04,190 --> 00:46:02,220

I don't know what it is you know and the

1155

00:46:06,470 --> 00:46:04,200

thing is that most of these phenomena

1156

00:46:09,140 --> 00:46:06,480

are multi-layered so that you know

1157

00:46:11,780 --> 00:46:09,150

sometimes what you see as lights in the

1158

00:46:14,240 --> 00:46:11,790

sky it is a satellite see I live in

1159

00:46:16,760 --> 00:46:14,250

Tucson and the last time that we had one

1160

00:46:18,829 --> 00:46:16,770

of those SpaceX launches there was

1161

00:46:20,450 --> 00:46:18,839

somebody who posted you know all these

1162

00:46:22,370 --> 00:46:20,460

pictures and stuff and they're like I

1163

00:46:24,560 --> 00:46:22,380

swear I saw UFO last night I've never

1164

00:46:26,180 --> 00:46:24,570

seen anything like it before and it

1165

00:46:29,150 --> 00:46:26,190

turned out it was the exact time that

1166

00:46:31,940 --> 00:46:29,160

that space SpaceX rocket was going over

1167

00:46:32,690 --> 00:46:31,950

yeah but that's not to say you know and

1168

00:46:35,210 --> 00:46:32,700

like you know

1169

00:46:35,960 --> 00:46:35,220

in the UFO news today that Tom loved

1170

00:46:39,349 --> 00:46:35,970

alongs

1171

00:46:41,359 --> 00:46:39,359

to the stars organization has released

1172

00:46:43,789 --> 00:46:41,369

another video from the Pentagon that

1173

00:46:45,980 --> 00:46:43,799

shows these objects they are picked up

1174

00:46:48,799 --> 00:46:45,990

by multiple you know sources they're

1175

00:46:50,839 --> 00:46:48,809

seen by the pilots they're on radar they

1176

00:46:52,490 --> 00:46:50,849

they have other types of contact with

1177

00:46:54,770 --> 00:46:52,500

these things they get them on the FLIR

1178

00:46:56,900 --> 00:46:54,780

the infrared systems and stuff like that

1179

00:46:58,670 --> 00:46:56,910

with these very highly advanced sensor

1180

00:47:01,430 --> 00:46:58,680

systems and they have these great clear

1181

00:47:03,920 --> 00:47:01,440

videos of them you can't tell me that

1182

00:47:06,140 --> 00:47:03,930

that's a SpaceX rocket you can't tell me

1183

00:47:08,480 --> 00:47:06,150

that it's just a light in the sky so

1184

00:47:10,370 --> 00:47:08,490

like UFOs I think that with dreams and

1185

00:47:14,150 --> 00:47:10,380

some of these phenomena of dreams that

1186

00:47:16,730 --> 00:47:14,160

year there are that there's layers to it

1187

00:47:18,650 --> 00:47:16,740

they some of it is explainable some of

1188

00:47:20,870 --> 00:47:18,660

it is sleep paralysis but that is by no

1189

00:47:22,970 --> 00:47:20,880

stretch to say that it's all sleep

1190

00:47:24,559 --> 00:47:22,980

paralysis let me give you a quick

1191

00:47:26,150 --> 00:47:24,569

example and I know there was someone in

1192

00:47:29,000 --> 00:47:26,160

the chat room that asked about dreams

1193

00:47:31,640 --> 00:47:29,010

where things happen with the body that

1194

00:47:33,289 --> 00:47:31,650

is you when you are dreaming and I

1195

00:47:35,210 --> 00:47:33,299

mentioned that the Dreaming mind turns

1196

00:47:37,520 --> 00:47:35,220

all input into symbolism well that

1197

00:47:40,069 --> 00:47:37,530

includes physical stimuli and conditions

1198

00:47:42,170 --> 00:47:40,079

of the body so for example if you are

1199

00:47:43,789 --> 00:47:42,180

too hot like you've been under a bunch

1200

00:47:45,589 --> 00:47:43,799

of blankets and you overheat while

1201  
00:47:47,750 --> 00:47:45,599  
you're sleeping you could dream about

1202  
00:47:50,809 --> 00:47:47,760  
being in an oven or walking the desert

1203  
00:47:52,880 --> 00:47:50,819  
do you know you have to hear if you hear

1204  
00:47:54,440 --> 00:47:52,890  
water running you could dream about a

1205  
00:47:56,420 --> 00:47:54,450  
river or a lake you could even dream

1206  
00:47:58,400 --> 00:47:56,430  
about being in a pool or submerged in

1207  
00:48:00,230 --> 00:47:58,410  
water I've seen that theme with people

1208  
00:48:03,260 --> 00:48:00,240  
who were very congested they'll dream

1209  
00:48:05,630 --> 00:48:03,270  
about being submerged in water I have

1210  
00:48:08,839 --> 00:48:05,640  
seen examples that will have physical

1211  
00:48:11,599 --> 00:48:08,849  
manifestations on the body that were

1212  
00:48:14,589 --> 00:48:11,609  
from dreams because while you are having

1213  
00:48:17,059 --> 00:48:14,599

an experience of a dream you are

1214

00:48:19,339 --> 00:48:17,069

completely absorbed in what's happening

1215

00:48:21,530 --> 00:48:19,349

and you believe that it's real so here's

1216

00:48:23,299 --> 00:48:21,540

an example author Robert Moss who's

1217

00:48:25,010 --> 00:48:23,309

written a lot of books about dreams and

1218

00:48:27,260 --> 00:48:25,020

some other fiction and stuff he had this

1219

00:48:30,680 --> 00:48:27,270

dream that he was seeing out of the eyes

1220

00:48:33,079 --> 00:48:30,690

of this man as somebody took a machine

1221

00:48:35,780 --> 00:48:33,089

gun and pumped six rounds into his chest

1222

00:48:38,480 --> 00:48:35,790

and maus said that he woke up from the

1223

00:48:40,130 --> 00:48:38,490

dream and he had red welts for every one

1224

00:48:42,319 --> 00:48:40,140

of those bullets hit I know people

1225

00:48:44,690 --> 00:48:42,329

who've woken up with scratches and stuff

1226  
00:48:46,430 --> 00:48:44,700  
like you know there are some people who

1227  
00:48:47,750 --> 00:48:46,440  
look at reports like that know like

1228  
00:48:49,970 --> 00:48:47,760  
you were scratching yourself in your

1229  
00:48:53,000 --> 00:48:49,980  
sleep which can't be ruled out but when

1230  
00:48:55,160 --> 00:48:53,010  
it's six red welts exactly those things

1231  
00:48:57,770 --> 00:48:55,170  
I woke up from a dream where you know

1232  
00:48:59,930 --> 00:48:57,780  
the falling dream and you fall and

1233  
00:49:01,910 --> 00:48:59,940  
there's the urban legend that if you hit

1234  
00:49:04,130 --> 00:49:01,920  
bottom that you'll die well I'm still

1235  
00:49:06,230 --> 00:49:04,140  
I'm still here and I hit the bottom but

1236  
00:49:08,660 --> 00:49:06,240  
I can tell you that I woke up and I felt

1237  
00:49:10,970 --> 00:49:08,670  
like Mike Tyson took a back to the

1238  
00:49:13,339 --> 00:49:10,980

shoulder that hit the ground I mean that

1239

00:49:15,380 --> 00:49:13,349

whole side of my body but especially the

1240

00:49:18,230 --> 00:49:15,390

shoulder felt like it had taken a hard

1241

00:49:20,870 --> 00:49:18,240

impact tell me how the nerves are

1242

00:49:23,750 --> 00:49:20,880

creating that sensation I mean obviously

1243

00:49:25,940 --> 00:49:23,760

it's coming from memory but the body can

1244

00:49:29,240 --> 00:49:25,950

respond to things that happen in dreams

1245

00:49:31,250 --> 00:49:29,250

as if it really happened there's a

1246

00:49:38,839 --> 00:49:31,260

possibility and alien abducted you are

1247

00:49:41,120 --> 00:49:38,849

dropped you you know my friend my friend

1248

00:49:43,430 --> 00:49:41,130

Ian while he was exploring this with

1249

00:49:45,559 --> 00:49:43,440

precognitive while he's lucid dreaming

1250

00:49:47,540 --> 00:49:45,569

he becomes aware he's dreaming and he

1251  
00:49:49,069 --> 00:49:47,550  
decides that he's going to do things in

1252  
00:49:53,000 --> 00:49:49,079  
the dream world he started experimenting

1253  
00:49:56,059 --> 00:49:53,010  
with this doing that to see if he could

1254  
00:49:58,430 --> 00:49:56,069  
see it results in the physical world and

1255  
00:50:00,740 --> 00:49:58,440  
what he has determined is is that the

1256  
00:50:02,990 --> 00:50:00,750  
dream world in our physical world are

1257  
00:50:05,030 --> 00:50:03,000  
parallels of some kind of larger

1258  
00:50:08,240 --> 00:50:05,040  
consciousness structure of the universe

1259  
00:50:11,359 --> 00:50:08,250  
because to this day he has a red

1260  
00:50:13,970 --> 00:50:11,369  
triangle on his palm that he drew there

1261  
00:50:16,069 --> 00:50:13,980  
in a dream and then it appeared he did

1262  
00:50:18,290 --> 00:50:16,079  
it with a friend to on accident the

1263  
00:50:20,030 --> 00:50:18,300

first time he wanted to be able to mark

1264

00:50:21,980 --> 00:50:20,040

he was treating it the friend in the

1265

00:50:23,990 --> 00:50:21,990

dream just like a dream character it was

1266

00:50:26,390 --> 00:50:24,000

somewhat was a co-worker so he drew a

1267

00:50:28,309 --> 00:50:26,400

red triangle on the guy's forehead so

1268

00:50:31,010 --> 00:50:28,319

that he could be able to remember that

1269

00:50:32,300 --> 00:50:31,020

he had already done some process that he

1270

00:50:35,329 --> 00:50:32,310

was doing in the dream he does these

1271

00:50:37,730 --> 00:50:35,339

really deep very researchy scientific

1272

00:50:39,710 --> 00:50:37,740

experiments with his lucid dreams he

1273

00:50:41,510 --> 00:50:39,720

said that that person that he works with

1274

00:50:58,970 --> 00:50:41,520

that a red triangle appeared on that

1275

00:51:00,240 --> 00:50:58,980

person's forehead there is this is an

1276

00:51:02,250 --> 00:51:00,250

area that I think

1277

00:51:04,470 --> 00:51:02,260

it will be very easy for people to

1278

00:51:07,260 --> 00:51:04,480

refute and I'm not gonna ask you to

1279

00:51:09,030 --> 00:51:07,270

believe me I have been exploring this

1280

00:51:11,700 --> 00:51:09,040

with Ian and with others who have

1281

00:51:14,760 --> 00:51:11,710

reported these are people who they are

1282

00:51:16,770 --> 00:51:14,770

the Olympic athletes of the dream world

1283

00:51:18,720 --> 00:51:16,780

like if you said you know hey this

1284

00:51:21,180 --> 00:51:18,730

person can do a triple backflip with a

1285

00:51:23,070 --> 00:51:21,190

twist how many people in the freaking

1286

00:51:25,200 --> 00:51:23,080

world can do a triple backflip with a

1287

00:51:26,700 --> 00:51:25,210

twist you know like or whatever it is

1288

00:51:29,040 --> 00:51:26,710

like one of those tumbling moves some

1289

00:51:31,140 --> 00:51:29,050

gymnastics but didn't you see someone

1290

00:51:33,600 --> 00:51:31,150

who is trained at this for years and

1291

00:51:35,550 --> 00:51:33,610

they do it and you go oh well I guess

1292

00:51:38,070 --> 00:51:35,560

somebody can do it and just because you

1293

00:51:40,470 --> 00:51:38,080

can't do it doesn't mean that it's not

1294

00:51:42,120 --> 00:51:40,480

possible so what I found is that there

1295

00:51:44,130 --> 00:51:42,130

are people who have developed their

1296

00:51:47,340 --> 00:51:44,140

dream lives to such a point that they

1297

00:51:49,650 --> 00:51:47,350

can actually use it as a feedback system

1298

00:51:53,670 --> 00:51:49,660

and that what they're doing in the dream

1299

00:51:55,050 --> 00:51:53,680

world is having real world I don't want

1300

00:51:57,750 --> 00:51:55,060

to say consequences because that's the

1301  
00:52:00,600 --> 00:51:57,760  
wrong word but like manifestations like

1302  
00:52:02,670 --> 00:52:00,610  
echoes in the waking world that are

1303  
00:52:04,260 --> 00:52:02,680  
happening from the dream world that they

1304  
00:52:06,330 --> 00:52:04,270  
do it in the dream world and then it

1305  
00:52:08,910 --> 00:52:06,340  
manifests in some way in their waking

1306  
00:52:11,400 --> 00:52:08,920  
lives but again it's very advanced

1307  
00:52:13,980 --> 00:52:11,410  
dreamers and these people are few and

1308  
00:52:15,690 --> 00:52:13,990  
far between and you know you can always

1309  
00:52:17,940 --> 00:52:15,700  
say that they might be lying or trying

1310  
00:52:20,220 --> 00:52:17,950  
to get you know attention or something

1311  
00:52:22,320 --> 00:52:20,230  
like that but you know this is the thing

1312  
00:52:24,960 --> 00:52:22,330  
about dream life is as it requires a

1313  
00:52:27,540 --> 00:52:24,970

deep honesty with yourself and with

1314

00:52:31,200 --> 00:52:27,550

others so it would be if you're willing

1315

00:52:33,180 --> 00:52:31,210

it's not a liar yeah yeah yeah I mean if

1316

00:52:34,710 --> 00:52:33,190

you're if you're somebody who is who

1317

00:52:36,780 --> 00:52:34,720

wants the attention and you're willing

1318

00:52:38,250 --> 00:52:36,790

to lie about things then it probably

1319

00:52:39,900 --> 00:52:38,260

means that you're not going to penetrate

1320

00:52:42,060 --> 00:52:39,910

much deeper than the surface layers of

1321

00:52:43,980 --> 00:52:42,070

your dreams so you're not going to

1322

00:52:46,500 --> 00:52:43,990

manifest some of these deeper gifts of

1323

00:52:49,260 --> 00:52:46,510

the hold on what if your manifestation

1324

00:52:51,630 --> 00:52:49,270

goes like this because I totally did

1325

00:52:53,220 --> 00:52:51,640

this I dreamt I called my friend and

1326

00:52:55,470 --> 00:52:53,230

then the next day I get a call from her

1327

00:53:08,990 --> 00:52:55,480

going why did you call me a three in the

1328

00:53:14,099 --> 00:53:11,730

if you are if you are somebody who is

1329

00:53:15,479 --> 00:53:14,109

defending the looking for a convention

1330

00:53:17,849 --> 00:53:15,489

explanation you would say that you were

1331

00:53:19,259 --> 00:53:17,859

sleepwalking you could check your phone

1332

00:53:21,299 --> 00:53:19,269

that's the first thing I would do is

1333

00:53:23,099 --> 00:53:21,309

check the call history on my phone but

1334

00:53:29,940 --> 00:53:23,109

let's say that you don't find something

1335

00:53:31,739 --> 00:53:29,950

in your call history that shows okay or

1336

00:53:34,559 --> 00:53:31,749

caller ID or any of that fun stuff

1337

00:53:36,299 --> 00:53:34,569

yeah well that would be the first thing

1338

00:53:38,190 --> 00:53:36,309

I would do and if you couldn't verify it

1339

00:53:41,160 --> 00:53:38,200

well here's the thing is I have

1340

00:53:43,200 --> 00:53:41,170

experienced things like this too and you

1341

00:53:44,700 --> 00:53:43,210

can think strongly about a person and

1342

00:53:47,099 --> 00:53:44,710

they can get that sense that you were

1343

00:53:49,499 --> 00:53:47,109

thinking about them Edgar Cayce used to

1344

00:53:51,089 --> 00:53:49,509

demonstrate this he said he didn't like

1345

00:53:53,279 --> 00:53:51,099

to abuse it but he said that if he

1346

00:53:55,410 --> 00:53:53,289

thought strongly about a person for

1347

00:53:57,749 --> 00:53:55,420

let's just say two minutes that he just

1348

00:53:59,999 --> 00:53:57,759

sits you know quietly and he brings that

1349

00:54:02,450 --> 00:54:00,009

person to mind and he reaches out to

1350

00:54:05,670 --> 00:54:02,460

them in his mind and makes this like

1351  
00:54:07,829 --> 00:54:05,680  
psycho-emotional contact with them he

1352  
00:54:09,900 --> 00:54:07,839  
said within half an hour that that

1353  
00:54:13,049 --> 00:54:09,910  
person would either call or appear at

1354  
00:54:16,200 --> 00:54:13,059  
his door and he did it for a doctor nice

1355  
00:54:18,210 --> 00:54:16,210  
wrote a biography about him that doctor

1356  
00:54:20,880 --> 00:54:18,220  
was there in his parlor they were having

1357  
00:54:21,989 --> 00:54:20,890  
a you know like a late morning chitchat

1358  
00:54:24,569 --> 00:54:21,999  
or something like that

1359  
00:54:26,309 --> 00:54:24,579  
and Cayce said he could do this the

1360  
00:54:29,940 --> 00:54:26,319  
doctor said it was impossible and plus

1361  
00:54:32,430 --> 00:54:29,950  
he said watch and he he said you know

1362  
00:54:34,200 --> 00:54:32,440  
mister or so-and-so and the doctors are

1363  
00:54:35,880 --> 00:54:34,210

they and he goes I'm gonna think about

1364

00:54:37,890 --> 00:54:35,890

him and I'm gonna bring him to my door

1365

00:54:47,640 --> 00:54:37,900

and that's exactly what happens in the

1366

00:54:49,289 --> 00:54:47,650

guy you guys here listen to me Heidi

1367

00:54:54,329 --> 00:54:49,299

how's the Outlander and we will be right

1368

00:54:56,519 --> 00:54:54,339

back welcome back everybody you listen

1369

00:54:58,559 --> 00:54:56,529

to me Heidi Hollis the Outlander and

1370

00:55:01,739 --> 00:54:58,569

we're talking about dreams dream

1371

00:55:03,960 --> 00:55:01,749

interpretation with James aboard and my

1372

00:55:05,099 --> 00:55:03,970

gosh you have so much information I

1373

00:55:07,440 --> 00:55:05,109

don't know why you don't have your own

1374

00:55:10,859 --> 00:55:07,450

show because he you've got so much you

1375

00:55:13,019 --> 00:55:10,869

can pop off that's like where is he

1376

00:55:14,609 --> 00:55:13,029

getting this off from that's fascinating

1377

00:55:16,920 --> 00:55:14,619

absolutely fascinating you're finishing

1378

00:55:19,920 --> 00:55:16,930

up about something in regards to Edgar

1379

00:55:22,079 --> 00:55:19,930

Cayce and how he was able to reach out

1380

00:55:23,609 --> 00:55:22,089

through his so-called dream I think

1381

00:55:26,430 --> 00:55:23,619

that's the thing we don't have enough

1382

00:55:27,760 --> 00:55:26,440

words to fully describe what it is that

1383

00:55:30,130 --> 00:55:27,770

we're experiencing

1384

00:55:33,460 --> 00:55:30,140

but he was able to reach through his

1385

00:55:35,410 --> 00:55:33,470

dream and and physically do something to

1386

00:55:37,210 --> 00:55:35,420

someone that that's awesome to kind of

1387

00:55:39,790 --> 00:55:37,220

tap him kind of like a tap on the

1388

00:55:42,250 --> 00:55:39,800

shoulder now he did it while he was

1389

00:55:43,780 --> 00:55:42,260

awake too and it's the same as its other

1390

00:55:45,340 --> 00:55:43,790

people who've reported that they can

1391

00:55:47,350 --> 00:55:45,350

think about someone very strongly that

1392

00:55:49,180 --> 00:55:47,360

they have an emotional connection to and

1393

00:55:51,700 --> 00:55:49,190

that that person will know that they're

1394

00:55:54,700 --> 00:55:51,710

thinking about him I'll tell you my mom

1395

00:55:56,920 --> 00:55:54,710

has that spidey sense that she could be

1396

00:55:58,480 --> 00:55:56,930

halfway across the world and if I need

1397

00:55:59,020 --> 00:55:58,490

her the next thing I know the phone's

1398

00:56:02,500 --> 00:55:59,030

ringing

1399

00:56:04,300 --> 00:56:02,510

now I may not be calling her because I

1400

00:56:05,980 --> 00:56:04,310

think I don't want to just relate my

1401

00:56:08,680 --> 00:56:05,990

problems on my mom but if it's bad

1402

00:56:11,530 --> 00:56:08,690

enough I mean she showed up one time

1403

00:56:13,660 --> 00:56:11,540

when I was about to leave my dad's house

1404

00:56:15,760 --> 00:56:13,670

as a 15 year old and run away to Florida

1405

00:56:18,610 --> 00:56:15,770

and the morning that we were getting

1406

00:56:21,340 --> 00:56:18,620

ready to go she showed up and she drove

1407

00:56:23,680 --> 00:56:21,350

500 miles to be there and just showed up

1408

00:56:25,870 --> 00:56:23,690

out of the blue I had a feeling that I

1409

00:56:28,090 --> 00:56:25,880

needed her now I know that this stuff

1410

00:56:29,770 --> 00:56:28,100

happens and you know for anybody out

1411

00:56:31,840 --> 00:56:29,780

there that wants to explore this I

1412

00:56:33,910 --> 00:56:31,850

suggest the book dreams and premonitions

1413

00:56:36,850 --> 00:56:33,920

it's part of the Chicken Soup for the

1414

00:56:39,310 --> 00:56:36,860

Soul series and there are about a

1415

00:56:42,160 --> 00:56:39,320

hundred authors who contributed their

1416

00:56:44,020 --> 00:56:42,170

own reports and there they tend to be

1417

00:56:45,700 --> 00:56:44,030

just a couple pages so it's real nice

1418

00:56:47,110 --> 00:56:45,710

bedtime reading you can read a couple of

1419

00:56:49,120 --> 00:56:47,120

these things and you don't have to get

1420

00:56:51,820 --> 00:56:49,130

real in-depth if you don't want to but I

1421

00:56:54,670 --> 00:56:51,830

think that after studying this for many

1422

00:56:57,100 --> 00:56:54,680

years after having some experiences with

1423

00:56:59,860 --> 00:56:57,110

it myself that we are part of this

1424

00:57:02,650 --> 00:56:59,870

larger consciousness system that's we

1425

00:57:04,750 --> 00:57:02,660

there's an underlying layer to things

1426

00:57:06,700 --> 00:57:04,760

that we are not consciously aware of but

1427

00:57:09,610 --> 00:57:06,710

it's there and our thoughts and our

1428

00:57:11,680 --> 00:57:09,620

feelings are able our energy is able to

1429

00:57:13,690 --> 00:57:11,690

travel along it like vibrations on a

1430

00:57:16,090 --> 00:57:13,700

string and that everybody else is

1431

00:57:19,120 --> 00:57:16,100

connected on this matrix or grid and

1432

00:57:21,490 --> 00:57:19,130

there are what we think of what we feel

1433

00:57:23,860 --> 00:57:21,500

actually affects the whole and that you

1434

00:57:26,230 --> 00:57:23,870

can think of particular places on there

1435

00:57:29,650 --> 00:57:26,240

and connect with them whether you are

1436

00:57:31,720 --> 00:57:29,660

awake which is harder to do or easier to

1437

00:57:34,060 --> 00:57:31,730

do while you are asleep in your dreaming

1438

00:57:36,040 --> 00:57:34,070

a friend of mine who's a shaman says

1439

00:57:38,740 --> 00:57:36,050

that people come to him in his dreams

1440

00:57:39,589 --> 00:57:38,750

and they will spell out what a problem

1441

00:57:41,989 --> 00:57:39,599

is and then

1442

00:57:45,259 --> 00:57:41,999

do his thing as a shaman to help them to

1443

00:57:47,059 --> 00:57:45,269

heal and he said that you can't do this

1444

00:57:48,709 --> 00:57:47,069

because I wanted to find out for George

1445

00:57:51,439 --> 00:57:48,719

Noory if this could be done by like a

1446

00:57:53,599 --> 00:57:51,449

blackops program and my friend the

1447

00:57:55,999 --> 00:57:53,609

shaman said well why don't you tell

1448

00:57:58,150 --> 00:57:56,009

George yeah it's possible but I'm not

1449

00:58:01,400 --> 00:57:58,160

going to tell you how it's done because

1450

00:58:03,410 --> 00:58:01,410

this is this is a shamanic secret here

1451  
00:58:06,170 --> 00:58:03,420  
and I don't want this being misused you

1452  
00:58:08,539 --> 00:58:06,180  
know but I have run across many accounts

1453  
00:58:11,989 --> 00:58:08,549  
of this of people who have been able to

1454  
00:58:14,630 --> 00:58:11,999  
do things and go places in their dream

1455  
00:58:17,989 --> 00:58:14,640  
states and come back and it turned out

1456  
00:58:20,329 --> 00:58:17,999  
that what they saw is a real place they

1457  
00:58:22,099 --> 00:58:20,339  
can go places in the world they can have

1458  
00:58:24,709 --> 00:58:22,109  
commerce they can have conversations

1459  
00:58:27,739 --> 00:58:24,719  
with people if you look up shared dreams

1460  
00:58:31,039 --> 00:58:27,749  
on my website at dreams 1 2 3 . oh you

1461  
00:58:33,319 --> 00:58:31,049  
can get to a few of these reports that I

1462  
00:58:36,439 --> 00:58:33,329  
have used as examples of shared dreams

1463  
00:58:41,359 --> 00:58:36,449

some of those dreams had so many details

1464

00:58:44,689 --> 00:58:41,369

yeah but you know that's what they are

1465

00:58:46,069 --> 00:58:44,699

when people are able to you know totally

1466

00:58:48,680 --> 00:58:46,079

like relate to what it is that you're

1467

00:58:49,849 --> 00:58:48,690

speaking of I'll tell you it's funny

1468

00:58:51,049 --> 00:58:49,859

that you're some of the things that

1469

00:58:52,279 --> 00:58:51,059

you're just mentioning is one of the

1470

00:58:54,349 --> 00:58:52,289

questions from the chat one we have

1471

00:58:56,930 --> 00:58:54,359

several that have popped up but talking

1472

00:58:58,729 --> 00:58:56,940

about dreams may be a result of

1473

00:59:01,519 --> 00:58:58,739

consciousness attempting to merge with

1474

00:59:03,289 --> 00:59:01,529

the physical brain while asleep

1475

00:59:05,359 --> 00:59:03,299

resulting in partial income or

1476  
00:59:07,549 --> 00:59:05,369  
incomplete connection so it's funny you

1477  
00:59:10,609 --> 00:59:07,559  
pretty much answered that and you know

1478  
00:59:12,319 --> 00:59:10,619  
this is another odd thing I don't know

1479  
00:59:13,969 --> 00:59:12,329  
this is kind of considered I guess an

1480  
00:59:16,939 --> 00:59:13,979  
out-of-body but you would probably put

1481  
00:59:18,769 --> 00:59:16,949  
it into the sleeping category I don't

1482  
00:59:19,910 --> 00:59:18,779  
know but when you talk about leaving

1483  
00:59:21,769 --> 00:59:19,920  
something physical

1484  
00:59:27,349 --> 00:59:21,779  
my very first out-of-body experience I

1485  
00:59:28,819 --> 00:59:27,359  
know that I had it has a teenager and my

1486  
00:59:33,140 --> 00:59:28,829  
footprints were going up the side of the

1487  
00:59:35,599 --> 00:59:33,150  
house and my sister and I you know we're

1488  
00:59:36,920 --> 00:59:35,609

like what the heck and my called my dad

1489

00:59:40,880 --> 00:59:36,930

over and it's right outside my bedroom

1490

00:59:44,329 --> 00:59:40,890

window and you know it was my foot I

1491

00:59:46,279 --> 00:59:44,339

mean it wasn't like mud it was like Lynn

1492

00:59:48,979 --> 00:59:46,289

you know that that aluminum siding and

1493

00:59:53,420 --> 00:59:48,989

like sweaty feet going all the way up

1494

00:59:55,190 --> 00:59:53,430

the side of the house Wow

1495

00:59:57,320 --> 00:59:55,200

say you were sleepwalking cuz you ain't

1496

00:59:59,780 --> 00:59:57,330

walking up the house I'm sorry

1497

01:00:02,690 --> 00:59:59,790

gravity rules still apply when you're in

1498

01:00:04,850 --> 01:00:02,700

the real world right it was crazy and I

1499

01:00:08,330 --> 01:00:04,860

remembered what happened that night and

1500

01:00:09,980 --> 01:00:08,340

you know I totally saw where I was and

1501  
01:00:11,210 --> 01:00:09,990  
like new construction going on the

1502  
01:00:11,690 --> 01:00:11,220  
neighborhood I didn't know what's going

1503  
01:00:22,520 --> 01:00:11,700  
on

1504  
01:00:24,590 --> 01:00:22,530  
just just crazy and it's it's again it's

1505  
01:00:27,860 --> 01:00:24,600  
like how do you what do you care you put

1506  
01:00:28,880 --> 01:00:27,870  
that and I I just I just try to think of

1507  
01:00:30,140 --> 01:00:28,890  
you know there's so many different

1508  
01:00:32,330 --> 01:00:30,150  
layers to this world that we don't fully

1509  
01:00:34,190 --> 01:00:32,340  
understand I'm not a guru I'm not a

1510  
01:00:36,860 --> 01:00:34,200  
psychic I'm not a shaman I'm not a

1511  
01:00:40,670 --> 01:00:36,870  
specialist you know I'm just me so I

1512  
01:00:42,920 --> 01:00:40,680  
think that we all have these potential I

1513  
01:00:44,840 --> 01:00:42,930

don't know muscles to work that we

1514

01:00:46,520 --> 01:00:44,850

didn't know that we had and they just

1515

01:00:48,590 --> 01:00:46,530

happened whether we're able to spot it

1516

01:00:50,840 --> 01:00:48,600

out or not and some of us it just seems

1517

01:00:53,810 --> 01:00:50,850

to be that we trip up more often into it

1518

01:00:56,030 --> 01:00:53,820

I mean with is that accurate assumption

1519

01:00:58,430 --> 01:00:56,040

with somebody with everybody I think we

1520

01:01:00,620 --> 01:00:58,440

all are possible or able to do these

1521

01:01:02,960 --> 01:01:00,630

types of things and I think that dreams

1522

01:01:04,970 --> 01:01:02,970

can be a training ground for it I think

1523

01:01:06,890 --> 01:01:04,980

that they can show you that something is

1524

01:01:08,600 --> 01:01:06,900

possible that there's potential for it

1525

01:01:11,030 --> 01:01:08,610

and so it gets in your mind and you say

1526

01:01:12,620 --> 01:01:11,040

okay well if it's possible then there

1527

01:01:14,510 --> 01:01:12,630

might be some way that I can figure out

1528

01:01:16,400 --> 01:01:14,520

how to do this to kind of like our

1529

01:01:18,500 --> 01:01:16,410

physicists now are watching the skies

1530

01:01:20,300 --> 01:01:18,510

and seeing what these UFOs are doing

1531

01:01:22,690 --> 01:01:20,310

with the 90 degree turns and going

1532

01:01:25,490 --> 01:01:22,700

10,000 miles an hour and you know

1533

01:01:28,670 --> 01:01:25,500

canceling mass and inertia and that in

1534

01:01:30,230 --> 01:01:28,680

the scientists are back engineering in

1535

01:01:32,270 --> 01:01:30,240

the sense of they're looking at it and

1536

01:01:34,760 --> 01:01:32,280

going okay we know this is a real

1537

01:01:36,500 --> 01:01:34,770

phenomena so if let's look at our

1538

01:01:39,050 --> 01:01:36,510

physics and figure out how it could be

1539

01:01:41,150 --> 01:01:39,060

done and they're actually back there

1540

01:01:42,890 --> 01:01:41,160

they're they're doing this now and I was

1541

01:01:45,290 --> 01:01:42,900

just so relieved to hear this is part of

1542

01:01:48,310 --> 01:01:45,300

what they're doing at Bigelow space

1543

01:01:51,130 --> 01:01:48,320

aerospace is the

1544

01:01:54,610 --> 01:01:51,140

what a matchup and what a t-mike

1545

01:01:57,130 --> 01:01:54,620

MetroPCS in the iPhone se for \$0 on a

1546

01:02:00,910 --> 01:01:57,140

network that covers 99% of people in the

1547

01:02:03,340 --> 01:02:00,920

US for impressive play with the best

1548

01:02:06,330 --> 01:02:03,350

switch to metro pcs and an unlimited LTE

1549

01:02:08,530 --> 01:02:06,340

plan and get a 32 gig iPhone se for \$0

1550

01:02:09,940 --> 01:02:08,540

MetroPCS covers not available in some

1551

01:02:11,500 --> 01:02:09,950

areas plus sales tax claim based on

1552

01:02:12,640 --> 01:02:11,510

talking text not now interactive numbers

1553

01:02:14,230 --> 01:02:12,650

currently on the t-mobile network are

1554

01:02:16,380 --> 01:02:14,240

active on metro pcs in the past 90 days

1555

01:02:19,240 --> 01:02:16,390

C store for details and terms conditions

1556

01:02:21,160 --> 01:02:19,250

are looking at the film footage and are

1557

01:02:23,290 --> 01:02:21,170

going ok well we can tell that's there

1558

01:02:26,500 --> 01:02:23,300

that's not human technology we don't

1559

01:02:28,780 --> 01:02:26,510

think but it is doing this in the skies

1560

01:02:30,730 --> 01:02:28,790

it is performing these remarkable

1561

01:02:33,100 --> 01:02:30,740

maneuvers things that far advance our

1562

01:02:35,770 --> 01:02:33,110

own technology let's look at the physics

1563

01:02:37,750 --> 01:02:35,780

of this and say to ourselves ok we know

1564

01:02:39,910 --> 01:02:37,760

it's possible because we've seen it done

1565

01:02:42,850 --> 01:02:39,920

now how did they do it and then how do

1566

01:02:44,410 --> 01:02:42,860

we do it too so I've seen the same thing

1567

01:02:46,570 --> 01:02:44,420

and dreams that there are people who

1568

01:02:48,670 --> 01:02:46,580

come up with their own they discover

1569

01:02:51,070 --> 01:02:48,680

that they have these deeper abilities

1570

01:02:53,050 --> 01:02:51,080

and their dreams there's a girl whose

1571

01:02:55,930 --> 01:02:53,060

but worked regularly with the police

1572

01:02:58,090 --> 01:02:55,940

department a woman who because she sees

1573

01:03:00,010 --> 01:02:58,100

dreams and first-person of terrible

1574

01:03:02,470 --> 01:03:00,020

crimes that have been committed and she

1575

01:03:05,200 --> 01:03:02,480

has gotten information even down to the

1576

01:03:07,600 --> 01:03:05,210

name of the killer and where the bodies

1577

01:03:09,850 --> 01:03:07,610

are buried and she has led police to

1578

01:03:12,010 --> 01:03:09,860

places and gotten information that there

1579

01:03:14,230 --> 01:03:12,020

was no way she could have known it

1580

01:03:16,210 --> 01:03:14,240

otherwise unless she was the killer and

1581

01:03:18,670 --> 01:03:16,220

of course she can prove that she was you

1582

01:03:20,350 --> 01:03:18,680

know say 500 miles away at the time you

1583

01:03:22,510 --> 01:03:20,360

know so how does this

1584

01:03:25,930 --> 01:03:22,520

it's what awakened something in her she

1585

01:03:28,210 --> 01:03:25,940

had her first experience of it as in a

1586

01:03:30,010 --> 01:03:28,220

dream and now she's maybe perhaps

1587

01:03:31,720 --> 01:03:30,020

learned how to do it in a deep

1588

01:03:35,020 --> 01:03:31,730

meditative state so that she can allow

1589

01:03:37,330 --> 01:03:35,030

these images to come into her mind but

1590

01:03:39,490 --> 01:03:37,340

she had to first see it was possible she

1591

01:03:42,370 --> 01:03:39,500

sees it in a dream and then she develops

1592

01:03:44,260 --> 01:03:42,380

the ability astral projection I know

1593

01:03:46,180 --> 01:03:44,270

people who had first they had an

1594

01:03:49,000 --> 01:03:46,190

out-of-body experience or astral

1595

01:03:52,210 --> 01:03:49,010

projection experience in a dream and it

1596

01:03:54,790 --> 01:03:52,220

tells them well this is possible so now

1597

01:03:58,660 --> 01:03:54,800

let me pursue some of these things like

1598

01:04:00,640 --> 01:03:58,670

Robert Monroe's gateway series and and

1599

01:04:01,950 --> 01:04:00,650

try to do this while I'm awake so I can

1600

01:04:05,880 --> 01:04:01,960

verify that it was

1601  
01:04:07,620 --> 01:04:05,890  
just a dream sometimes it can be but I

1602  
01:04:10,680 --> 01:04:07,630  
think that there are times that you have

1603  
01:04:13,470 --> 01:04:10,690  
to look at the dream has a simulation

1604  
01:04:15,480 --> 01:04:13,480  
environment that it is there to teach

1605  
01:04:18,839 --> 01:04:15,490  
you something and a lot of what is

1606  
01:04:22,230 --> 01:04:18,849  
agreed upon in the sciences about dreams

1607  
01:04:24,359 --> 01:04:22,240  
is as they can act as rehearsals in

1608  
01:04:27,150 --> 01:04:24,369  
scenarios especially for things like

1609  
01:04:29,880 --> 01:04:27,160  
threat assessments and playing through

1610  
01:04:32,099 --> 01:04:29,890  
various scenarios and giving you this

1611  
01:04:34,050 --> 01:04:32,109  
kind of subconscious information pulling

1612  
01:04:36,210 --> 01:04:34,060  
it all up turning it into a simulation

1613  
01:04:38,940 --> 01:04:36,220

and then allowing you to see all the

1614

01:04:41,760 --> 01:04:38,950

possibilities and allow you to make a

1615

01:04:47,400 --> 01:04:41,770

decision than baseball information or

1616

01:04:48,839 --> 01:04:47,410

knowledge yeah I mean they wore game in

1617

01:04:51,510 --> 01:04:48,849

the Pentagon and stuff where they think

1618

01:04:53,400 --> 01:04:51,520

of a scenario and then they play out

1619

01:04:55,140 --> 01:04:53,410

these elaborate war games well I think

1620

01:04:57,060 --> 01:04:55,150

that our dreams sometimes do the same

1621

01:04:59,339 --> 01:04:57,070

thing where they're actually working us

1622

01:05:01,740 --> 01:04:59,349

through scenarios and simulations and

1623

01:05:04,290 --> 01:05:01,750

the idea is is they want you to be able

1624

01:05:07,980 --> 01:05:04,300

to learn but not just learn but adapt

1625

01:05:09,990 --> 01:05:07,990

and adaptation means being able to roll

1626

01:05:11,790 --> 01:05:10,000

with the changes and adapt to your

1627

01:05:14,010 --> 01:05:11,800

changing environmental circumstance I

1628

01:05:17,040 --> 01:05:14,020

have got to say you know I have written

1629

01:05:19,440 --> 01:05:17,050

about this to this this element of these

1630

01:05:22,349 --> 01:05:19,450

these lessons that are being learned and

1631

01:05:24,960 --> 01:05:22,359

I find it the pattern has to do with

1632

01:05:27,780 --> 01:05:24,970

people who have had end-of-the-world

1633

01:05:30,930 --> 01:05:27,790

dreams you know cataclysmic events and

1634

01:05:32,760 --> 01:05:30,940

and they they are so real they're so

1635

01:05:34,710 --> 01:05:32,770

real the people are like I was like

1636

01:05:36,810 --> 01:05:34,720

sweating I was crawling through mud and

1637

01:05:38,609 --> 01:05:36,820

and I had to do this and that and I had

1638

01:05:40,650 --> 01:05:38,619

to help organize the people so we could

1639

01:05:43,800 --> 01:05:40,660

get some electricity you know it is like

1640

01:05:46,290 --> 01:05:43,810

a whole big giant scenario and they wake

1641

01:05:49,140 --> 01:05:46,300

up exhausted like hope there's so much

1642

01:05:52,079 --> 01:05:49,150

work and they come back as if they have

1643

01:05:54,720 --> 01:05:52,089

gone through it they know what to do in

1644

01:05:56,760 --> 01:05:54,730

the case of this happens they know if

1645

01:05:58,800 --> 01:05:56,770

they made a mistake and and I've had it

1646

01:06:00,839 --> 01:05:58,810

myself and it's like I've I've even

1647

01:06:03,329 --> 01:06:00,849

repeated it because I did something

1648

01:06:05,460 --> 01:06:03,339

wrong oh crap I do that one again you

1649

01:06:06,900 --> 01:06:05,470

know and I've even like handy is a

1650

01:06:09,180 --> 01:06:06,910

bathroom in the middle of some of these

1651  
01:06:11,760 --> 01:06:09,190  
dreams like oh my god and I am like and

1652  
01:06:14,010 --> 01:06:11,770  
I go back to the dream because I want to

1653  
01:06:15,490 --> 01:06:14,020  
finish it and it's like because I don't

1654  
01:06:18,070 --> 01:06:15,500  
want to repeat it again it's

1655  
01:06:20,380 --> 01:06:18,080  
like I get these I heard of these so

1656  
01:06:22,780 --> 01:06:20,390  
many times and I'm like I literally get

1657  
01:06:25,810 --> 01:06:22,790  
chocked up into your life as a real-life

1658  
01:06:28,930 --> 01:06:25,820  
experience and you feel like a war

1659  
01:06:31,510 --> 01:06:28,940  
veteran of a sort to have that badge in

1660  
01:06:33,340 --> 01:06:31,520  
you to know that you you survive that so

1661  
01:06:36,610 --> 01:06:33,350  
I think that sometimes that these are

1662  
01:06:38,770 --> 01:06:36,620  
these are little Inklings and warnings

1663  
01:06:41,230 --> 01:06:38,780

of if this would happen Heidi this is

1664

01:06:43,210 --> 01:06:41,240

what you do if this would happen JME you

1665

01:06:45,130 --> 01:06:43,220

know that's what you do and I don't

1666

01:06:46,900 --> 01:06:45,140

think it's a mistake or a coincidence

1667

01:06:49,510 --> 01:06:46,910

that's a lot of people and that's

1668

01:06:51,190 --> 01:06:49,520

biblical it says in the end times or

1669

01:06:53,140 --> 01:06:51,200

something that your young men shall

1670

01:06:55,900 --> 01:06:53,150

dream dreams of it or something I'm like

1671

01:06:57,730 --> 01:06:55,910

hope oh here we know all men shall have

1672

01:06:59,770 --> 01:06:57,740

visions but here's the thing is

1673

01:07:01,480 --> 01:06:59,780

oftentimes what the end of the world in

1674

01:07:04,450 --> 01:07:01,490

a dream means is that something's coming

1675

01:07:06,370 --> 01:07:04,460

to an end about your world that your

1676

01:07:09,880 --> 01:07:06,380

life has been turned upside down the

1677

01:07:12,370 --> 01:07:09,890

everybody dies big change it can be fear

1678

01:07:14,200 --> 01:07:12,380

of death yeah you know I saw in this

1679

01:07:17,110 --> 01:07:14,210

alternative website it's called before

1680

01:07:18,700 --> 01:07:17,120

it's news and I used to follow for some

1681

01:07:21,190 --> 01:07:18,710

of the stuff there and there was a guy

1682

01:07:23,590 --> 01:07:21,200

who was a preacher who kept coming in

1683

01:07:25,870 --> 01:07:23,600

and saying I've been having dreams about

1684

01:07:28,480 --> 01:07:25,880

the Apocalypse Jesus is coming the big

1685

01:07:30,430 --> 01:07:28,490

war Armageddon it's all about to happen

1686

01:07:33,100 --> 01:07:30,440

because I keep dreaming about this night

1687

01:07:36,160 --> 01:07:33,110

after night and you know that was a few

1688

01:07:37,990 --> 01:07:36,170

years ago and as far as I know Jesus

1689

01:07:40,780 --> 01:07:38,000

hasn't come and if he did he didn't

1690

01:07:42,970 --> 01:07:40,790

knock on my door so what I'm seeing in

1691

01:07:45,340 --> 01:07:42,980

this person's dream is actually what

1692

01:07:47,080 --> 01:07:45,350

preoccupies his thoughts by day because

1693

01:07:48,970 --> 01:07:47,090

if you've ever been part of one of these

1694

01:07:50,770 --> 01:07:48,980

apocalyptic groups you know they sit

1695

01:07:51,280 --> 01:07:50,780

around and talk about this stuff all the

1696

01:07:53,530 --> 01:07:51,290

time

1697

01:07:56,020 --> 01:07:53,540

you know Jesus is going to be here well

1698

01:07:58,600 --> 01:07:56,030

it says in the old New Testament that

1699

01:08:00,790 --> 01:07:58,610

there's the Paul is talking about how he

1700

01:08:03,490 --> 01:08:00,800

anticipates Jesus coming back in his

1701

01:08:05,890 --> 01:08:03,500

time and I'm talking about st. Paul

1702

01:08:08,200 --> 01:08:05,900

right so you know that was - that was

1703

01:08:09,670 --> 01:08:08,210

2000 years ago and people have made

1704

01:08:11,860 --> 01:08:09,680

these predictions over and over again

1705

01:08:14,350 --> 01:08:11,870

they've had these dreams and it hasn't

1706

01:08:16,240 --> 01:08:14,360

happened and if you add up all of those

1707

01:08:18,579 --> 01:08:16,250

dreams I mean let's just say

1708

01:08:20,800 --> 01:08:18,589

conservatively that there are millions

1709

01:08:23,170 --> 01:08:20,810

of these dreams that people have had

1710

01:08:25,059 --> 01:08:23,180

where and they have come out of it sure

1711

01:08:26,860 --> 01:08:25,069

that that dream was about to come true

1712

01:08:29,130 --> 01:08:26,870

that Jesus has come in it's Armageddon

1713

01:08:30,690 --> 01:08:29,140

you know and it doesn't happen

1714

01:08:33,390 --> 01:08:30,700

and I think that you have to look at it

1715

01:08:35,130 --> 01:08:33,400

as being some kind of reflection of your

1716

01:08:37,820 --> 01:08:35,140

own waking life thoughts and

1717

01:08:40,500 --> 01:08:37,830

preoccupations but here's another thing

1718

01:08:42,720 --> 01:08:40,510

sometimes what that imagery is really

1719

01:08:45,480 --> 01:08:42,730

doing is it's helping you to play

1720

01:08:47,400 --> 01:08:45,490

through like you said a scenario you

1721

01:08:49,470 --> 01:08:47,410

know like do you want to be caught with

1722

01:08:51,390 --> 01:08:49,480

your pants down when Jesus shows up no

1723

01:08:53,610 --> 01:08:51,400

you want to be in the right place if you

1724

01:08:55,110 --> 01:08:53,620

truly believe that stuff then you want

1725

01:08:56,940 --> 01:08:55,120

to be in the right place and you want to

1726

01:08:59,370 --> 01:08:56,950

go you know with the good guys instead

1727

01:09:01,770 --> 01:08:59,380

of burn with the bad guys you know so

1728

01:09:03,810 --> 01:09:01,780

maybe the dream is showing you your own

1729

01:09:06,180 --> 01:09:03,820

struggles to like overcome your

1730

01:09:08,520 --> 01:09:06,190

temptations you know but it's shown is

1731

01:09:10,830 --> 01:09:08,530

like ducking through barbed wire you

1732

01:09:12,810 --> 01:09:10,840

know maybe you're trying to avoid the

1733

01:09:14,850 --> 01:09:12,820

darts and temptations of the world and

1734

01:09:17,460 --> 01:09:14,860

it showed us hiding from bullets you

1735

01:09:19,230 --> 01:09:17,470

know like dreams can create these things

1736

01:09:21,060 --> 01:09:19,240

maybe there's something going on in your

1737

01:09:23,220 --> 01:09:21,070

life where you're burning up with anger

1738

01:09:25,260 --> 01:09:23,230

and it shows an entire city just going

1739

01:09:27,840 --> 01:09:25,270

up in flames and it's just a

1740

01:09:30,600 --> 01:09:27,850

representation of your anger so this is

1741

01:09:33,900 --> 01:09:30,610

why you need the dream interpretation

1742

01:09:37,830 --> 01:09:33,910

dictionary by JM the board because to

1743

01:09:39,780 --> 01:09:37,840

this seriously you do because you have

1744

01:09:41,400 --> 01:09:39,790

to understand that it's a story and that

1745

01:09:43,380 --> 01:09:41,410

there's deeper context to it the

1746

01:09:45,390 --> 01:09:43,390

personal the symbols are personal it's

1747

01:09:47,370 --> 01:09:45,400

you know and if you don't if you're not

1748

01:09:49,200 --> 01:09:47,380

armed with that information and you just

1749

01:09:50,910 --> 01:09:49,210

look for these standard sources of

1750

01:09:53,160 --> 01:09:50,920

information you're likely to

1751

01:09:55,140 --> 01:09:53,170

misinterpret your dream I can see I

1752

01:09:57,030 --> 01:09:55,150

could see you know being helpful for

1753

01:09:58,380 --> 01:09:57,040

some that I don't hear too many people

1754

01:10:00,140 --> 01:09:58,390

talking about Jesus coming in these

1755

01:10:07,380 --> 01:10:00,150

dreams it's more like a great flood

1756

01:10:10,200 --> 01:10:07,390

aliens invading lady friend that I knew

1757

01:10:13,830 --> 01:10:10,210

and she was so disturbed

1758

01:10:16,050 --> 01:10:13,840

she said Heidi I saw the aliens I

1759

01:10:18,450 --> 01:10:16,060

literally saw them and what they were

1760

01:10:20,070 --> 01:10:18,460

doing to people and you know she was so

1761

01:10:22,500 --> 01:10:20,080

disturbed she wasn't the type of person

1762

01:10:24,390 --> 01:10:22,510

to see sci-fi movies or anything it's

1763

01:10:27,030 --> 01:10:24,400

just like I feel like I've lived through

1764

01:10:30,090 --> 01:10:27,040

it I feel like I could handle if they

1765

01:10:31,560 --> 01:10:30,100

came like literally so it's it's it's

1766

01:10:33,600 --> 01:10:31,570

really fascinating to me but it's like

1767

01:10:35,730 --> 01:10:33,610

you know where do we draw the line to

1768

01:10:37,020 --> 01:10:35,740

know that it's just how we gotta get

1769

01:10:38,820 --> 01:10:37,030

somebody interpret that one you know

1770

01:10:41,010 --> 01:10:38,830

when when do we draw the line and say

1771

01:10:42,930 --> 01:10:41,020

that was a message you know that God

1772

01:10:45,000 --> 01:10:42,940

might have been speaking to you

1773

01:10:48,870 --> 01:10:45,010

you know not just about symbols when

1774

01:10:51,450 --> 01:10:48,880

where is that fine line to know even

1775

01:10:53,010 --> 01:10:51,460

even in the Joseph stream where he saw

1776

01:10:56,430 --> 01:10:53,020

or he was interpreting the dream of

1777

01:10:58,170 --> 01:10:56,440

pharaoh and pharaoh saw the seven fat

1778

01:10:59,880 --> 01:10:58,180

cows on one side of the Nile and the

1779

01:11:01,590 --> 01:10:59,890

seven skinny ones and then he saw the

1780

01:11:04,350 --> 01:11:01,600

heads of wheat that were full and plump

1781

01:11:06,030 --> 01:11:04,360

and then the next time they were all you

1782

01:11:07,590 --> 01:11:06,040

know there was a message there for

1783

01:11:10,080 --> 01:11:07,600

pharaoh that was telling him the future

1784

01:11:12,209 --> 01:11:10,090

and Joseph interpreted the dream he

1785

01:11:14,310 --> 01:11:12,219

understood the symbolism of it that the

1786

01:11:15,959 --> 01:11:14,320

fat years were the time of Plenty and

1787

01:11:18,689 --> 01:11:15,969

that the skinny calves

1788

01:11:20,850 --> 01:11:18,699

you know were it was a time of famine

1789

01:11:23,040 --> 01:11:20,860

that was coming and so by correctly

1790

01:11:25,320 --> 01:11:23,050

interpreting the dream Joseph from the

1791

01:11:27,810 --> 01:11:25,330

Old Testament went from being just like

1792

01:11:30,420 --> 01:11:27,820

you know he was he went from being a low

1793

01:11:32,100 --> 01:11:30,430

guy to being elevated to being kind of

1794

01:11:33,510 --> 01:11:32,110

like Pharaohs right-hand man because he

1795

01:11:35,670 --> 01:11:33,520

could incorrectly interpret the dream

1796

01:11:37,620 --> 01:11:35,680

you're not always gonna know there is a

1797

01:11:40,500 --> 01:11:37,630

discernment that comes from this from

1798

01:11:42,300 --> 01:11:40,510

years of experience doing it but I tell

1799

01:11:44,280 --> 01:11:42,310

you there are two things you can do for

1800

01:11:46,709 --> 01:11:44,290

yourself that will really arm you with

1801

01:11:48,870 --> 01:11:46,719

the information understand symbolism

1802

01:11:52,410 --> 01:11:48,880

which I teach in my book and at dreams 1

1803

01:11:55,350 --> 01:11:52,420

2 3 calm by the way there's a extensive

1804

01:11:57,030 --> 01:11:55,360

lesson on symbolism there and then the

1805

01:11:59,700 --> 01:11:57,040

second thing you can do is understand

1806

01:12:02,250 --> 01:11:59,710

the stories of your dreams look for the

1807

01:12:05,370 --> 01:12:02,260

personal contents in them track your

1808

01:12:07,500 --> 01:12:05,380

dreams in a journal and see the patterns

1809

01:12:10,229 --> 01:12:07,510

between them once you've had enough

1810

01:12:12,780 --> 01:12:10,239

dreams about you know the aliens comin

1811

01:12:14,729 --> 01:12:12,790

to get you or God you know it's

1812

01:12:17,340 --> 01:12:14,739

something happening with Jesus coming

1813

01:12:19,890 --> 01:12:17,350

and then it doesn't happen in your real

1814

01:12:22,200 --> 01:12:19,900

life and you go hmmm well what was that

1815

01:12:24,660 --> 01:12:22,210

dream really trying to say to me I saw a

1816

01:12:26,370 --> 01:12:24,670

dream there was a guy who he was

1817

01:12:29,250 --> 01:12:26,380

dreaming about being abducted by aliens

1818

01:12:32,370 --> 01:12:29,260

from his home and what it was what we've

1819

01:12:34,470 --> 01:12:32,380

traced it back to was he knew that he he

1820

01:12:36,270 --> 01:12:34,480

had a job that he could take and it was

1821

01:12:38,550 --> 01:12:36,280

out of state and he didn't want to be

1822

01:12:40,410 --> 01:12:38,560

taken from his family home in the sense

1823

01:12:41,610 --> 01:12:40,420

of moving having to move out of state

1824

01:12:43,860 --> 01:12:41,620

and be away from his family

1825

01:12:45,660 --> 01:12:43,870

so dreaming about being abducted and

1826

01:12:47,490 --> 01:12:45,670

taken away by aliens was really

1827

01:12:49,290 --> 01:12:47,500

expressing his fear of leaving home and

1828

01:12:51,840 --> 01:12:49,300

leaving his family because if you are

1829

01:12:53,850 --> 01:12:51,850

abducted by aliens what does it mean you

1830

01:12:55,049 --> 01:12:53,860

are taken away from your home and all

1831

01:12:56,939 --> 01:12:55,059

that you know when you love

1832

01:13:05,580 --> 01:12:56,949

and then he goes among friends I've got

1833

01:13:07,890 --> 01:13:05,590

a question for you okay but somebody in

1834

01:13:09,330 --> 01:13:07,900

the chat room said you know there is

1835

01:13:12,990 --> 01:13:09,340

that saying but where what you dream for

1836

01:13:14,580 --> 01:13:13,000

and they dream for the lottery and there

1837

01:13:15,899 --> 01:13:14,590

and then they say well maybe I'm

1838

01:13:16,379 --> 01:13:15,909

sleeping on the wrong side of the bed

1839

01:13:19,200 --> 01:13:16,389

now

1840

01:13:20,970 --> 01:13:19,210

you've heard these old wives tale of oh

1841

01:13:23,819 --> 01:13:20,980

you know if I sleep with my feet at the

1842

01:13:25,919 --> 01:13:23,829

head of the bed I'll get a boy versus a

1843

01:13:28,350 --> 01:13:25,929

girl if they're pregnant you know please

1844

01:13:31,350 --> 01:13:28,360

I mean do any of these old wives tales

1845

01:13:34,260 --> 01:13:31,360

hold any juice to it then because I mean

1846

01:13:35,580 --> 01:13:34,270

if symbols and dreams that you know I

1847

01:13:37,620 --> 01:13:35,590

mean there's people that reads their tea

1848

01:13:43,589 --> 01:13:37,630

leaves and and all that too you know

1849

01:13:45,180 --> 01:13:43,599

it's like well you know if they do

1850

01:13:47,279 --> 01:13:45,190

certain things don't dream one way or

1851

01:13:49,350 --> 01:13:47,289

the other boy there are a lot of urban

1852

01:13:51,029 --> 01:13:49,360

legends about it what I can tell you

1853

01:13:53,220 --> 01:13:51,039

about was sleeping differently in your

1854

01:13:55,620 --> 01:13:53,230

bed or rearranging your bedroom is it

1855

01:13:57,089 --> 01:13:55,630

can spark a very intense period of

1856

01:13:58,589 --> 01:13:57,099

dreaming this is one of the things that

1857

01:14:00,390 --> 01:13:58,599

are recommended for people who have a

1858

01:14:02,850 --> 01:14:00,400

lot of difficulty remembering their

1859

01:14:05,399 --> 01:14:02,860

dreams is try sleeping in a guest

1860

01:14:07,549 --> 01:14:05,409

bedroom or rearranging their own bedroom

1861

01:14:10,890 --> 01:14:07,559

it can sometimes spark our laundry's

1862

01:14:12,510 --> 01:14:10,900

jobs interesting you can you know there

1863

01:14:13,439 --> 01:14:12,520

are people who harness their dreams for

1864

01:14:15,479 --> 01:14:13,449

information

1865

01:14:17,010 --> 01:14:15,489

I just ran across one that I posted at

1866

01:14:19,649 --> 01:14:17,020

Reddit the other day and it got uploaded

1867

01:14:21,330 --> 01:14:19,659

hundreds of times was a guy who said

1868

01:14:23,279 --> 01:14:21,340

that he got the dreaming the winning

1869

01:14:25,830 --> 01:14:23,289

lottery numbers in a dream and he went

1870

01:14:27,930 --> 01:14:25,840

and he played the lottery and he played

1871

01:14:29,970 --> 01:14:27,940

the same numbers we bought four tickets

1872

01:14:31,950 --> 01:14:29,980

for the same numbers because he was so

1873

01:14:34,140 --> 01:14:31,960

sure that the dream was going to come

1874

01:14:36,419 --> 01:14:34,150

true I have another one on my site if

1875

01:14:38,160 --> 01:14:36,429

you look at the right sidebar it

1876

01:14:39,930 --> 01:14:38,170

shouldn't it's one of the top ten

1877

01:14:41,339 --> 01:14:39,940

usually it might have fallen out in

1878

01:14:43,529 --> 01:14:41,349

which case you have to type in lottery

1879

01:14:45,839 --> 01:14:43,539

into the search box but it is a popular

1880

01:14:47,669 --> 01:14:45,849

post at my site because there are a lot

1881

01:14:49,319 --> 01:14:47,679

of people who want to know can I dream

1882

01:14:52,350 --> 01:14:49,329

about the winning lottery numbers and

1883

01:14:54,510 --> 01:14:52,360

here's the thing it has happened but I

1884

01:14:56,069 --> 01:14:54,520

also have many people who said I dreamed

1885

01:14:58,260 --> 01:14:56,079

about winning lottery numbers and played

1886

01:15:01,740 --> 01:14:58,270

them and I didn't win I've had people

1887

01:15:03,839 --> 01:15:01,750

who I had a dream that I bought all of

1888

01:15:06,600 --> 01:15:03,849

the winning lottery numbers except for

1889

01:15:08,850 --> 01:15:06,610

one and I was like these were like

1890

01:15:10,919 --> 01:15:08,860

permanent numbers for the lottery if

1891

01:15:12,810 --> 01:15:10,929

that combination ever came up I would

1892

01:15:14,280 --> 01:15:12,820

win and I'm walking away and I'm

1893

01:15:16,439 --> 01:15:14,290

thinking to myself well why did I

1894

01:15:18,810 --> 01:15:16,449

decline that other to buy the other

1895

01:15:20,430 --> 01:15:18,820

number like because if I ever came up

1896

01:15:21,720 --> 01:15:20,440

one number short and that was the number

1897

01:15:25,109 --> 01:15:21,730

me and I would kick myself in the butt

1898

01:15:27,990 --> 01:15:25,119

for eternity and I what I figured out

1899

01:15:30,000 --> 01:15:28,000

from that is is that I consider Mike

1900

01:15:31,439 --> 01:15:30,010

because as a writer I'm trying to put

1901

01:15:33,750 --> 01:15:31,449

myself out there and I want my work to

1902

01:15:36,870 --> 01:15:33,760

be seen I try to take every opportunity

1903

01:15:39,899 --> 01:15:36,880

to do that but at the time I was kind of

1904

01:15:41,879 --> 01:15:39,909

laying some of the options that I had

1905

01:15:44,160 --> 01:15:41,889

and thinking maybe this isn't worth my

1906

01:15:46,350 --> 01:15:44,170

effort and what the little thought in

1907

01:15:47,760 --> 01:15:46,360

the back of my mind was what if there

1908

01:15:50,310 --> 01:15:47,770

was someone like you didn't do that

1909

01:15:53,550 --> 01:15:50,320

podcast or you didn't you know do that

1910

01:15:55,859 --> 01:15:53,560

public speaking engagement and it turns

1911

01:15:58,109 --> 01:15:55,869

out that the person who needed to hear

1912

01:16:01,350 --> 01:15:58,119

you who perhaps could open doors for you

1913

01:16:03,930 --> 01:16:01,360

as a writer in your career was there and

1914

01:16:05,879 --> 01:16:03,940

you missed them so that's what the dream

1915

01:16:07,800 --> 01:16:05,889

was saying was is that I needed to take

1916

01:16:10,590 --> 01:16:07,810

every opportunity if I wanted to feel

1917

01:16:13,800 --> 01:16:10,600

like I was not going to have a chance of

1918

01:16:16,560 --> 01:16:13,810

the lottery of passing me by so there is

1919

01:16:18,750 --> 01:16:16,570

symbolism to it usually but here's the

1920

01:16:21,149 --> 01:16:18,760

thing as you work with your dreams you

1921

01:16:23,970 --> 01:16:21,159

find that you get a sense of them that

1922

01:16:26,070 --> 01:16:23,980

the ones that have the realness to them

1923

01:16:28,709 --> 01:16:26,080

because they are showing you the future

1924

01:16:31,200 --> 01:16:28,719

or possibilities for the future because

1925

01:16:32,970 --> 01:16:31,210

you're connecting with some other human

1926

01:16:34,850 --> 01:16:32,980

who's out there because you're leaving

1927

01:16:37,590 --> 01:16:34,860

body and going out into the cosmos

1928

01:16:39,479 --> 01:16:37,600

because you are like a baby going back

1929

01:16:42,899 --> 01:16:39,489

into the hands of God and you're just

1930

01:16:45,540 --> 01:16:42,909

there to commune you know like I've I

1931

01:16:47,430 --> 01:16:45,550

I've seen these dreams and sometimes

1932

01:16:49,800 --> 01:16:47,440

they have a realness to them where I

1933

01:16:51,479 --> 01:16:49,810

hasn't dream interpreter have to just

1934

01:16:54,450 --> 01:16:51,489

shut it up for a little while and

1935

01:16:56,879 --> 01:16:54,460

acknowledge it as a real experience for

1936

01:16:59,280 --> 01:16:56,889

the dreamer and I'm going to be the last

1937

01:17:02,100 --> 01:16:59,290

person in the world who will tell them

1938

01:17:04,350 --> 01:17:02,110

that it was only a dream because that is

1939

01:17:06,390 --> 01:17:04,360

never true a dream is always an

1940

01:17:09,270 --> 01:17:06,400

experience you believe that it's

1941

01:17:12,060 --> 01:17:09,280

happening as it happens and deep in your

1942

01:17:15,600 --> 01:17:12,070

mind it registers as if it's a real

1943

01:17:17,399 --> 01:17:15,610

event I met Jesus in a dream and I swear

1944

01:17:20,700 --> 01:17:17,409

to God it was him and he told me

1945

01:17:21,930 --> 01:17:20,710

something very simple he said to follow

1946

01:17:25,380 --> 01:17:21,940

me

1947

01:17:27,390 --> 01:17:25,390

you have to carry these and he looks out

1948

01:17:30,450 --> 01:17:27,400

over the masses of the people who are

1949

01:17:32,910 --> 01:17:30,460

sick and infirm and old and needs

1950

01:17:35,040 --> 01:17:32,920

something and an old man is looking at

1951

01:17:37,110 --> 01:17:35,050

me I look over at him and he has his

1952

01:17:40,050 --> 01:17:37,120

hand on my shoulder and he wants to know

1953

01:17:41,850 --> 01:17:40,060

is it okay for me to support myself on

1954

01:17:43,709 --> 01:17:41,860

your shoulder and it's all telepathic

1955

01:17:46,650 --> 01:17:43,719

and I looked at him and I said dude I

1956

01:17:49,770 --> 01:17:46,660

took it from the man himself he told me

1957

01:17:52,770 --> 01:17:49,780

this is my mission so you sure you know

1958

01:17:54,959 --> 01:17:52,780

you hop on my back if you need my shirt

1959

01:17:56,520 --> 01:17:54,969

my shoes you go ahead brother I will

1960

01:17:58,830 --> 01:17:56,530

share anything and everything with you

1961

01:18:00,900 --> 01:17:58,840

and I have tried to live by that it's

1962

01:18:03,360 --> 01:18:00,910

been 20 years and I have tried to live

1963

01:18:07,470 --> 01:18:03,370

by that because I know that it was Jesus

1964

01:18:14,180 --> 01:18:07,480

in my dream exactly you know I know Joe

1965

01:18:18,840 --> 01:18:17,160

and I'm like I put it in my first book

1966

01:18:21,450 --> 01:18:18,850

I'm like Jesus where around I would have

1967

01:18:23,760 --> 01:18:21,460

seen him by now and for him to stop by

1968

01:18:26,780 --> 01:18:23,770

the way he did my world up and it's the

1969

01:18:29,520 --> 01:18:26,790

reason why I'm hosting this show

1970

01:18:32,459 --> 01:18:29,530

everything I do I'm like I am not afraid

1971

01:18:34,350 --> 01:18:32,469

to talk about Jesus on this show so your

1972

01:18:36,120 --> 01:18:34,360

public work is started with a dream

1973

01:18:39,570 --> 01:18:36,130

where Jesus said I'm giving you a

1974

01:18:41,189 --> 01:18:39,580

mission oh that that started me to be

1975

01:18:41,790 --> 01:18:41,199

able to even speak on this stuff are you

1976

01:18:50,040 --> 01:18:41,800

kidding me

1977

01:18:51,720 --> 01:18:50,050

yeah I was on Dom share chiffons show

1978

01:18:53,310 --> 01:18:51,730

and she told me the whole idea for the

1979

01:18:55,439 --> 01:18:53,320

show and the network she started called

1980

01:19:00,420 --> 01:18:55,449

share wisdom TV came to her in a dream

1981

01:19:02,550 --> 01:19:00,430

yeah awesome yeah you know scientists

1982

01:19:05,400 --> 01:19:02,560

who come wake up with you know ideas for

1983

01:19:07,200 --> 01:19:05,410

their inventions and you know man

1984

01:19:09,750 --> 01:19:07,210

it God speaks to us in all sorts of ways

1985

01:19:12,240 --> 01:19:09,760

it's like Elias Elias Howe invented the

1986

01:19:14,689 --> 01:19:12,250

sewing machine based off of a dream of a

1987

01:19:17,939 --> 01:19:14,699

chemical structure of benzene the

1988

01:19:19,680 --> 01:19:17,949

periodic table came - his name is

1989

01:19:22,439 --> 01:19:19,690

eluding me it came to him in a dream he

1990

01:19:24,090 --> 01:19:22,449

saw all all the elements you know go out

1991

01:19:25,500 --> 01:19:24,100

into the table into the grid and he

1992

01:19:28,200 --> 01:19:25,510

understood how to create the periodic

1993

01:19:32,250 --> 01:19:28,210

table the matrix he is

1994

01:19:33,660 --> 01:19:32,260

the matrix we once again I want you to

1995

01:19:36,150 --> 01:19:33,670

put out your website's real quickly and

1996

01:19:38,640 --> 01:19:36,160

sure we got a sign off yeah

1997

01:19:41,220 --> 01:19:38,650

dreams one two three dotnet for more

1998

01:19:43,560 --> 01:19:41,230

casual dreams one two three calm for my

1999

01:19:45,479 --> 01:19:43,570

dream interpretation system and the

2000

01:19:47,340 --> 01:19:45,489

dream interpretation dictionary symbol

2001

01:19:50,010 --> 01:19:47,350

signs and meanings it is still at

2002

01:19:51,990 --> 01:19:50,020

retailers Amazon Target Barnes & Noble

2003

01:19:54,690 --> 01:19:52,000

all those and it's still in some

2004

01:19:55,440 --> 01:19:54,700

bookstores to see thank you so much for

2005

01:20:00,979 --> 01:19:55,450

coming on tonight

2006

01:20:06,360 --> 01:20:05,040

guy thank you all for listening tonight

2007

01:20:07,440 --> 01:20:06,370

how cool

2008

01:20:09,990 --> 01:20:07,450

remember you could catch me here every

2009

01:20:10,830 --> 01:20:10,000

Friday at 8 p.m. central 9 p.m. Eastern

2010

01:20:12,690 --> 01:20:10,840

you've listened to me

2011

01:20:14,400 --> 01:20:12,700

Heidi house D Outlander remembering

2012

01:20:16,560 --> 01:20:14,410

always if it's weird we're here

2013

01:20:19,090 --> 01:20:16,570

stay tuned for UFO headline news coming

2014

01:20:46,610 --> 01:20:19,100

right up and good night everybody

2015

01:20:53,669 --> 01:20:50,729

what a matcha and what a t-mike MetroPCS

2016

01:20:56,310 --> 01:20:53,679

in the iPhone se for \$0 on a network

2017

01:20:59,550 --> 01:20:56,320

that covers 99% of people in the US

2018

01:21:02,010 --> 01:20:59,560

Haha impressive play with the best

2019

01:21:04,800 --> 01:21:02,020

switch to MetroPCS and an unlimited LTE

2020

01:21:07,050 --> 01:21:04,810

plan and get a 32 gig iphone se for \$0

2021

01:21:08,610 --> 01:21:07,060

not your pcs covers not available in

2022

01:21:10,140 --> 01:21:08,620

some areas plus sales tax claim based on

2023

01:21:11,310 --> 01:21:10,150

talking tax not valid or active numbers

2024

01:21:12,930 --> 01:21:11,320

currently on the t-mobile network or